ISLAND PRIMARY CARE - ANACORTES

ISLAND PRIMARY CARE - M AVE

2511 M Avenue, Suite B Anacortes, WA 98221 P: 360-299-4211 F: 360-293-3839

ISLAND PRIMARY CARE - 24TH STREET

1213 24th Street, Suite 100 Anacortes, WA 98221 P: 360-293-3101 F: 360-293-3839

ISLAND FAMILY PHYSICIANS

2511 M Avenue, Suite A Anacortes, WA 98221 P: 360-293-9813 F: 360-299-8605

SITE DIRECTOR: Robert Rieger, MD • rprieger@fcn.net

SITE ADMINISTRATOR: Deanna Iverson • 360-293-4655 • diverson@islandhospital.org

SITE MANAGER: Dorothy "Missy" Dubuque • dadubuque@fcn.net

GENERAL INFORMATION

The Anacortes clerkship takes place in two practices located in the Puget Sound community. The primary teaching site is a multi-specialty group practice of 15 physicians and four family nurse practitioners. Students will also be placed at Island Family Physicians in Anacortes. Students spend the majority of time in ambulatory care clinics, but also are actively involved in the care of hospitalized patients, including surgical assisting and obstetrics. Students rotate on emergency call at the hospital. Anacortes is a medium-sized rural community and gives students an opportunity to see medicine practiced in various group settings.

Practice:

Established in 1972, Anacortes is one of the original Family Medicine Clerkship sites. The physician, faculty, and office staff are used to working with students and enjoy integrating them into their practices. Two family practices participate in the Family Medicine Clerkship in Anacortes:

- <u>Island Primary Care 24th Street & Island Primary Care M Ave:</u> an 18-physician multi--specialty group practice with teaching done primarily by Dr. Lindsay Newlon.
- <u>Island Family Physicians (IFP)</u>: 3 physician family medicine group. There are 2 physicians who are active with teaching: Drs. Robert Rieger and Margaret Sweeny.

•

ISLAND PRIMARY CARE - ANACORTES

Faculty:

Robert Rieger, MD is the clerkship Site Director and responsible for scheduling, orientation, etc. He is with Island Family Physicians. Students at Island Primary Care – M Ave/Island Primary Care – 24th Street will work with Lindsay Newlon, MD as the point provider and also have occasions to work with Stephen Horras, MD.

Robert Rieger, MD is part of the second family practice group in Anacortes along with Margaret Sweeny, MD.

<u>Housing</u>: Three bedroom, kitchen, living room, fireplace, non-smoking condo. It is approximately one mile from Island Health and Island Primary Care – 24th Street / Island Primary Care – M Avenue.

Transportation: The condo is about 1 mile, or a 20 minute walk away.

COMMUNITY PERSPECTIVE

You are urged to seek out contact with other agencies and personnel, especially in reference to the care of specific patients. Discussions will focus on community health needs, hazards, and resources. You will be included in the clinical faculty's own community activities. You may visit community centers and resources such as nursing home rounds one morning with Dr. Rieger.

PRELIMINARY ARRANGEMENTS

Read the technical information sheet for details on how the living quarters are set up and equipped, what you might want to bring with you, and other living considerations.

On Arrival:

You should plan on arriving in Anacortes on the day before the rotation. Upon arriving, check in upstairs at the hospital with the nursing supervisor and the main nurses' station, who should have keys to the condo. Dr. Robert Rieger will meet with you at 8 a.m. on the first day of your rotation at Island Family Physicians, he will then take you to Deanna Iverson to finish your orientation an receive your badge and passwords.

This will include a tour of the facility and introduction to key people and medical staff. Orientation to include the following:

- * Review living accommodations and arrangements.
- * Review list of medical staff and their various roles in the clerkship.
- * Discuss objectives of the clerkship: clinical, community and managerial.
- * Discuss problem--oriented charting and patient management.

ISLAND PRIMARY CARE - ANACORTES

- * Discuss procedures for admitting to the hospital, the protocol for getting orders and charts signed, dictation, mailbox, and library medical records.
- * Determine interests and needs of student (Clinical Skills Inventory) and assign rotations appropriate to the individual.
- * Establish a mutually satisfactory call schedule and review other expectations of the clerkship. Dr. Rieger will meet to review expectations after your tour.

Follow Up Clerkship Meetings:

During the first week, you will meet with Dr. Rieger to raise any questions or problems and to review with him the processes of internal communication in the office, ER call, and review any other issues of concern.

Final Clerkship Debriefing:

In the last week of the clerkship, Deanna Iverson will be in contact with you regarding cleaning the condo, returning books and journals, keys, etc. During the final week of the clerkship, arrange for a brief exit interview with Dr. Rieger.

CLINICAL WORK

<u>In the Office</u>: The major component of this clerkship is seeing patients in the physician's office. You will work with several different physicians. Most teaching is centered around the problems presented during the day. Faculty are available at the end of the day to go over any problems and questions you have.

With clinic patients, you will usually take the initial history, then present your findings and plan to your preceptor. Your preceptor will discuss each case with you and see the patient him/herself. As the faculty determine your level of competence and judgment, they allow you to assume more responsibility. You are always expected to interrupt faculty for any questions or areas of uncertainty.

You will dictate or document chart notes for the patients you see. Faculty will review these notes with feedback to you.

On Call:

Students are on call five weekday call nights and one weekend (Friday-Sunday) during the rotation. You will participate in making up your schedule. When on call, you will generally be called first and start evaluating the patient. After you have evaluated the patient, the emergency room physician or attending physician will examine the patient and you will arrive at a consensus on disposition of the patient. If procedures are required, e.g., suturing, these may be done by you under the supervision of the ER physician. You will dictate your workups for hospital charts.

Dress: Please see the official clerkship dress code.

ISLAND PRIMARY CARE - ANACORTES OTHER CLERKSHIP RESOURCES

Medical reference libraries are available in the practices and the hospital. Individuals in the hospital and the broader community are also interested in the medical student teaching program and would welcome student interest in their perspective on health care and the health care system in the area. Internet access is available in clinic and at the house.

Many of the site faculty are interested in helping students make informed decisions about medical specialties and about structuring a satisfying life within any medical career.

ANACORTES SITE TECHNICAL INFORMATION

TRANSPORTATION: The student condo is about one mile from Anacortes Island Hospital (Including Island and Fidalgo clinics).

HOUSING: 1109 29th Street, Unit #204. Three bedrooms, kitchen, living room, fireplace, nonsmoking condo with all the amenities.

EXTRAS: The San Juans offer many outdoor activities such as: Hiking, mountain biking, water sports, kayaking, sailing, skiing, swimming, crabbing, city recreation and much more. Cardiac Rehab Department at the hospital is often available for workouts.