

MENTORING ROADMAP MS1 YEAR

A discussion guide for Pathway Scholars and their mentors

Discussion points/questions: STUDENTS

FALL QUARTER

- Introductions/background
- Interests/clubs/activities
- Hopes and fears about medical school
- Vision for future practice
- Adjusting to medical school
- Study style
- Self-care routines
- Non-clinical selectives

Module Suggestions:
Who Are the Underserved?
Health Literacy

WINTER QUARTER

- Immersion and EHM
- PCP placement
- Classmates/friend groups
- Time management
- Self-care routine
- Non-clinical selectives
- Service learning

Module Suggestions:
Racism and Health
Poverty: Definitions and Characteristics

SPRING QUARTER

- Current stage of curriculum
- Exciting topics
- Challenging blocks
- PCP site, interesting patients
- Demands on time and intellect, self-care
- Summer plans
- Reflections on modules and non-clinical selectives
- Service learning

Module Suggestions:
Rural Health I (RUOP)
Rural Health II(RUOP)
Ethics of Medical Volunteerism (GHIP)
Understanding Population Health Data

Got questions? Need support?
Email upath@uw.edu

Discussion points/questions: MENTORS

FALL QUARTER

- Introductions/background
- Your training/specialty
- Special populations you treat
- Interests outside of medicine
- Boundaries around time/communication method
- Self-care routines



WINTER QUARTER

- Most meaningful experience
- Most challenging experience
- Current stage of curriculum
- Reflect on your MS1 year
- Study strategies
- Plans for summer quarter



SPRING QUARTER

- Study schedules and time management
- Favorite curricular content
- Most challenging content
- Student summer plans
- Clinical skills
- Research skills
- Student visit to your clinic?



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MENTORING ROADMAP MS2 YEAR

A discussion guide for Pathway Scholars and their mentors

Discussion points/questions: STUDENTS

FALL QUARTER

- Your summer experience
- Studying, changes to routine
- Study breaks
- Going back to PCP site
- Service learning
- Non-clinical selectives
- Self-care routine

Module Suggestions:
Advocacy I and II
Trauma-informed Care
Poverty and Health

WINTER QUARTER

- Studying for Step 1, test date
- Study strategy, support
- Applying for clerkships
- Specialty/location interests
- Self-care/study breaks

Module Suggestions:
Medicaid
Medicare
Veterans' Health

SPRING QUARTER

- Step 1 date/result
- Clerkship schedule
- Location interests
- Specialty interests
- Transition to clinical years
- Clinical confidence
- Travel plans for clerkships

Module Suggestions:
Homelessness
Intimate Partner Violence
Oral Health
Refugee and Immigrant Health

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Discussion points/questions: MENTORS

FALL QUARTER

- Takeaways from summer project
- Time management
- Study skills
- Medical volunteerism
- Interesting cases from Primary Care Practicum



WINTER QUARTER

- Step 1 support
- Challenging content areas
- Testing strategy
- Advice for starting clerkships
- Rural/urban differences



SPRING QUARTER

- Step 1
- Transition to clerkships
- Succeeding in clerkships
- Confidence in clinical skills (H&P, OCP, write ups, orders)



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MENTORING ROADMAP MS3 YEAR

A discussion guide for Pathway Scholars and their mentors

Discussion points/questions: STUDENTS

FALL QUARTER

- Clerkship progress
- Memorable rotations
- Challenging rotations/patients
- Time management
- Self-care routine
- Practicing skills, comfort

Choose modules to complete based on your clerkship sites.

WINTER QUARTER

- Plans for Explore and Focus
- Top choices for sites/locations
- Top choices for specialties
- Clerkships at underserved sites
- Reflections on disparities
- Self-care routine

If you want to include the Pathway in your MSPE, you must complete five modules by June 30th!*

SPRING QUARTER

- Step 2 studying
- Top specialties
- Preparing for MSPE
- Planning for Explore and Focus

Many Pathway Scholars struggle to keep in touch with mentors during third year. Try to make this a priority by taking a few minutes at the end of your meeting to schedule your next check-in. We know third year can be stressful, so having your mentor's support can be really helpful!

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Discussion points/questions: MENTORS

FALL QUARTER

- Clerkship experience
- Evaluating skills: histories and exams, writing orders
- Oral case presentations
- Taking breaks/self-care
- Specialty interest



WINTER QUARTER

- Planning for fourth year elective clerkships/Sub-I
- Specialty preferences
- Serving special populations
- Reflections on in/outpatient
- Self-care during rotations



SPRING QUARTER

- Step 2 tips, support
- Specialty choice
- Elective rotations
- Choosing Sub-Is



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MENTORING ROADMAP MS4 YEAR

A discussion guide for Pathway Scholars and their mentors

Discussion points/questions: STUDENTS

FALL QUARTER

- Residency applications
- Interview skills
- Rank lists
- Elective clerkships
- Completing Pathway requirements

Module Suggestions:
LGBTQ Health
Substance Use Disorders
Exploring Disability
Incarcerated Health
Human Sex Trafficking
Patients with HIV

WINTER QUARTER

- Finishing residency interviews
- Deciding/submitting rank list
- Completing Pathway requirements

Complete requirements by April in order to be listed as a Pathway graduate in the Hooding Program!*

SPRING QUARTER

- Match results
- Graduation
- Transitioning to inter year
- Relocating
- Wrapping up medical school
- Moving on and staying in touch
- Reflections on Pathway

As you graduate and move on from medical school, we encourage you to keep in touch with your Pathway Mentor and consider becoming a mentor yourself!

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Discussion points/questions: MENTORS

FALL QUARTER

- Reflections on residency applications
- How to build a rank list
- Interview skills/practice
- Elective clerkships



WINTER QUARTER

- Debriefing interviews
- Finalizing rank list
- Graduation plans



SPRING QUARTER

- Match results
- Transitioning to intern year
- Reflecting on starting residency
- Keeping in touch
- Celebrating graduation
- Reflections on Pathway



** Please see the [UP Policy and Deadline page here](#)*