

UW Medicine

UW SCHOOL
OF MEDICINE

50th Annual
**ADVANCES IN FAMILY MEDICINE
& PRIMARY CARE**



Monday-Friday

September 12-16, 2022

Online via Zoom Webinar

**Sponsored by UW School of Medicine
Department of Family Medicine
Division of Allergy & Infectious Diseases
Office of Continuing Medical Education**

TARGET AUDIENCE

This course is designed for family physicians and other primary care providers including internists, pediatricians, osteopathic physicians, physician assistants, nurse practitioners, and others interested in primary care. All clinicians providing primary care from all training backgrounds and specialties would benefit from this activity.

COURSE DESCRIPTION

This is the 50th year that the Department of Family Medicine at the University of Washington School of Medicine is offering educational opportunities for family medicine and primary care health care providers, *including a one-day infectious disease option.*

Each year, our goal is to provide current information about practice skills and the diagnosis and management of a broad array of primary health care issues within family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology.

We are pleased to offer this course via live webinar.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this Other activity for a maximum of 25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Apply new knowledge and skills from family medicine, cardiology, endocrinology, psychiatry and behavioral science, neurology, sports medicine, women's health, pulmonology, nephrology, infectious disease, chronic pain, pediatrics, and gastroenterology to the care of patients in primary care.
- Review and apply the most recent guidelines from the United States Preventive Services Taskforce (USPSTF).
- Identify and discuss evidence-based updates from recent studies and professional organizations.



FEES AND REGISTRATION

To enroll, please register online at uwcmec.org. If you have not received confirmation, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

	Registration Fee
All Learners (Mon-Thurs)	\$550.00 USD
Resident/Fellow/Student (Mon-Thurs)*	\$250.00 USD
Add-on: Infectious Disease Update (Friday only)	\$135.00 USD
<i>*Resident/Fellow/Student rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.</i>	
Beginning August 29, 2022, the registration rate will increase by \$50	

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit recording, instructional materials, transcript of credit, record keeping, faculty planning and evaluation.

REFUND AND CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **August 29, 2022**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **August 29, 2022**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and issued a full refund. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions – cme@uw.edu.

Prior to the start of the webinar, please ensure you have the appropriate system requirements to view the webinar. No refunds will be available for technical issues not controlled by UW CME.

SPECIAL SERVICES

The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • Email: dso@uw.edu



ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at uwcmc.org (for conference registrants only). Materials will be available beginning on **September 6, 2022**, for registrants to print and/or download.

EXTENDED ATTENDANCE OPTIONS

Learners can participate in the live offering between September 12-16, 2022 and claim credit for participation. Credit will also be available through February 3, 2023 for watching the recorded content for those sessions the learner was unable to participate in live. A competency measurement will be required for watching recorded content for credit. **Please note, you may not claim credit twice for participating in the live webinar and then subsequently watching the recording.** Learners must register for the virtual offering in order to receive access to the recorded content and material.

WEBINAR TECHNICAL REQUIREMENTS

Additional technical requirements can be found on the UW CME website (uwcmc.org). Minimum browser requirements for successful access and completion for this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer.
- You may use any browser to view the Zoom webinar.



Course Planners

CHAIR

Grace Shih, MD, MAS
Associate Professor of Medicine
Department of Family Medicine

PLANNING COMMITTEE

Department of Family Medicine

Jeanne Cawse-Lucas, MD
Mae Dirac, MD, PhD
Joseph Nelson, MD
Daytheon Sturges, PhD, MPAS, PAC

Guest Faculty

Margaret Chin, MD
Family Medicine Physician
Washington Permanente Medical Group
WPMG Cancer Screening
Quality Champion
WPMG Informatics Champion

Frank Domino, MD
Professor
University of Massachusetts Medical School
Editor, 5 Minute Clinical Consult
UMass Memorial Health
Shrewsbury, MA

John B. Dunn, MD, MPH
Medical Director
Preventive Care
Kaiser Permanente Washington

Alexander Krist, MD
Professor
Family Medicine and Population Health
Virginia Commonwealth University
Richmond, VA

David Malebranche, MD, MPH
Associate Professor
Morehouse Healthcare

Matt Perez, MD
Physician, Site Medical Director
Neighborcare Health

ID Update Faculty

Paul Pottinger, MD, FACP, FIDSA
Chair, ID Update Course
Professor
Division of Allergy & Infectious Diseases

Jehan Budak, MD
Assistant Professor
Division of Allergy & Infectious Diseases

Christine Johnston, MD, MPH, FIDSA
Associate Professor
Division of Allergy & Infectious Diseases
Associate Director
Infectious Diseases Fellowship Training
Program
Associate Medical Director
UW Virology Research Clinic

Victoria Jane Lopez Konold, MD
Assistant Professor
Pediatric Infectious Diseases
Seattle Childrens Hospital

Ania Lang, MD, PhD
Clinical Assistant Professor
Division of Allergy & Infectious Diseases
Associate Director, Allergy & Immunology
Training Program

UW Faculty

Alson Burke, MD

Assistant Professor
Department of Obstetrics & Gynecology
Physician, Harborview Medical Center

Lydia Chwastiak, MD, MPH

Professor
Psychiatry and Behavioral Sciences

Mark Duncan, MD

Assistant Professor
Department of Psychiatry & Behavioral
Sciences
Psychiatrist, UWMC and UW Medicine

Barak Gaster, MD, FACP

Professor of Medicine
Division of General Internal Medicine
Director
Cognition in Primary Care Program

Nicole Gentile, MD, PhD

Assistant Professor
INSPIRE Clinical Site Co-Investigator
Department of Family Medicine
Department of Laboratory Medicine &
Pathology

Tanya Greywal, MD

Acting Instructor
Division of Dermatology
Director of Laser and Cosmetic Surgery
Eastside Specialty Center

Corinne Heinen, MD, FAAFP

Clinical Associate Professor
Department of Family Medicine
Physician Lead, Transgender/Gender Non-
Binary Health Program
Director, UWSOM LGBTQ Health
Student Pathway

Irl Hirsch, MD, MACP

Professor and Diabetes Treatment and
Teaching Chair
Professor of Medicine
Division of Metabolism, Endocrinology &
Nutrition

Paul James, MD

Professor and Chair
Department of Family Medicine

Douglas Leedy, MD

Fellow
Division of Cardiology

David Mariuma, MD

Clinical Assistant Professor
Division of Nephrology

Catherine McCall, MD

Acting Assistant Professor
Psychiatry and Behavioral Sciences

Alberto Oseguera, MD, ATC

Family Medicine Physician
Acting Assistant Professor

David Siebert, MD, CAQSM

Assistant Professor
Department of Family Medicine

Angad Singh, MD

Family Physician
Physician Lead, EHR Optimization and
Support
Physician Lead, Clinical Informatics

Ramanpreet Toor, MD

Assistant Professor
Department of Psychiatry and Behavioral
Sciences

Jay Vary, MD, PhD

Associate Professor
Division of Dermatology

Meagan Williams, MD

Clinical Instructor
Division of General Internal Medicine

Eugene Yang, MD, MS, FACC

Clinical Professor
Division of Cardiology
Carl and Renée Behnke Endowed
Professorship for Asian Health
Medical Director, UW Medicine Eastside
Specialty Center

Agenda

Monday, September 12, 2022

- 8:00 Welcome and Course Introduction
Grace Shih, MD
- 8:15 Health Equity in Sexual Health
David Malebranche, MD
- 9:00 Updates and Current Issues in Immunizations
John B. Dunn, MD, MPH
- 9:45 Gender Affirming Medication Management in Transmasculine Patients
Corinne Heinen, MD, FAAFP

10:30 Break

- 10:45 Management of CKD: New Therapies and Updates
David Mariuma, MD
- 11:30 Depression Treatment: First Line, Second Line, and Beyond
Ramanpreet Toor, MD

12:15 Lunch break

- 1:00 How to Recognize Common Dermatologic Conditions
Tanya Greywal, MD
- 1:45 Update on Medication and Management of Dementia
Barak Gaster, MD, FACP

Tuesday, September 13, 2022

- 7:55 Welcome Remarks
Grace Shih, MD
- 8:00 USPSTF Updates
Alexander Krist, MD
- 8:45 Top 10 Dermatology Referrals
Jay Vary, MD, PhD
- 9:30 ECG Interpretation: Arrhythmias, Blocks, MI's
Douglas Leedy, MD

10:15 Break

- 10:30 What PCP's Need to Know About HbA1C
Irl Hirsch, MD
- 11:15 Bring Your Difficult Diabetes Cases
Irl Hirsch, MD

12:00 Lunch break

- 1:00 Social Determinants of Health: Bridging Theory and Practice
Angad Singh, MD
- 1:45 Open Mic: Ask an ID Expert
Paul Pottinger, MD, FACP, FIDSA

2:30 Adjourn

Schedule Subject to Change
All Times in Pacific

Wednesday, September 14, 2022

7:55 Welcome Remarks
Grace Shih, MD

8:00 Top 10: Evidence Based Medicine Updates From The Medical Literature
Frank Domino, MD

8:45 Knee Pain: Clinical Pearls from a Primary Care Physician
Alberto Oseguera, MD

9:30 Management of Psychosis
Lydia Chwastiak, MD

10:15 Break

10:30 Gynecologic Care in Gender Diverse Patients
Alson Burke, MD

11:15 MSK Point-of-Care Ultrasound: Practice Tips and Tricks
David Siebert, MD, CAQSM

12:00 Lunch break

1:00 Identifying Opioid Use Disorder in Patients with Chronic Non- Cancer Pain
Matt Perez, MD

1:45 Post-Acute Sequelae of COVID-19 for PCPs
Nicole Gentile, MD, PhD

2:30 Adjourn

Thursday, September 15, 2022

7:55 Welcome Remarks
Grace Shih, MD

8:00 A Conversation About Guidelines
Paul James, MD & Eugene Yang, MD, MS, FACC

8:45 Tobacco Cessation
Mark Duncan, MD

9:30 Vaginitis & Vulvar Dermatology
Meagan Williams, MD

10:15 Break

10:30 Insomnia: Best Practices for Evaluation and Management
Catherine McCall, MD

11:15 Cervical Cancer Screening Guidelines & Self-Swab
Margaret Chin, MD

12:00 Adjourn

Schedule Subject to Change
All Times in Pacific

Register Online: www.uwcme.org

INFECTIOUS DISEASE UPDATE DESCRIPTION

We are excited to offer a one-day mini-course focused on Infectious Diseases Updates for the busy Family Medicine & Primary Care provider. While you have been distracted by COVID-19, ID care has advanced in many other areas! Please join us and get back up to speed with new information on STI's, Emerging Infections, UTI, Respiratory Infections, Antibiotic Allergies, HIV prevention, Pediatric Infections, and more!

OBJECTIVES

Upon completion of this session, attendees should be able to:

- Diagnose and treat sexually-transmitted infections in accordance with updated national guidelines.
- Acquire the tools to offer HIV Pre-Exposure Prophylaxis in your practice.
- Counsel pediatric patients- and their parents- on the appropriate use of antibiotics, using evidence-based communication techniques.
- Assess antibiotic allergies in primary care- quickly, safely and reliably.
- Review major drug-drug interactions when prescribing antibiotics for recurrent UTI and respiratory tract infections in older patients.

Friday, September 16, 2022

8:05 Welcome Remarks
Paul Pottinger, MD, FACP, FIDSA

8:15 PrEP for Primary Care
Jehan Budak, MD

9:00 STI Treatment Update
Christine Johnston, MD, MPH

9:45 Break

10:00 Pediatric ID Update
Victoria Konold, MD

10:45 Antibiotic Allergies: The Itchy & Scratchy Show
Ania Lang, MD, PhD

11:30 COVID-19 & Viral Infection Therapeutic Update

12:15 Lunch break

1:00 The problems you love to hate, and hate to love: rUTI & RTI
Paul Pottinger, MD

1:45 Get Ready: Emerging Infections

2:30 Adjourn

Schedule Subject to Change
All Times in Pacific