### Preliminary Arrangements:

Administrator: Lea Ike: [like@valleymedicalcare.com](http://like@valleymedicalcare.com/)

### Other Contacts:

Site Director: Richard Welling: [rkwell@gci.net](mailto:rkwell@gci.net)

**Credentialing**: [departmentcredentialing@bartletthospital.org](mailto:departmentcredentialing@bartletthospital.org)

## Credentialing MUST BE COMPLETE 8 WEEKS PRIOR TO START

* **COVID Requirements**:
  + Students must adhere to state of Alaska Mandates
  + Students must arrive IN JUNEAU WITH A NEGATIVE TEST RESULT that was received **no more than 72 hours prior to arrival**

# The date of COVID testing after arrival are considered valid 5 days after landing and doing relative quarantine. You must also have a negative PCR in our office on day 5.

# Please see the [Bartlett Regional Hospital travel directive](https://familymedicine.uw.edu/wp-content/uploads/2021/11/2021.09.20-Traveling-HCP-Returning-to-Work-during-COVID-19-Pandemic-Juneau.pdf)

**Valley Medical Care** [1801 Salmon Creek Lane](https://app.smartsheet.com/b/form/885e63cf325b48948f5db3797b6e88d2) Juneau, AK 99801

## Office: 907-586-2434

### Credentialing

Please be in touch with either our credentialing specialist or our director of medical staff services at Bartlett Regional Hospital [(DepartmentCredentialing@bartletthospital.org](mailto:DepartmentCredentialing@bartletthospital.org) ) regarding credentialing application. A**ll applications must be complete and submitted to the BRH Medical Staff Office at least 8 weeks days prior to the rotation**. Once approved by the Credentials Committee, orientation will be scheduled the first day of your rotation.

### First day of rotation:

* Expect to have an overview including:
  + Orientation to clinic and EMR
  + Orientation to hospital and EMR
  + Meet faculty

### Clinical work

**Clinical:** In clinic 4.5 days a week with half day for community projects. Call is once a week and one which is a weekend day each month. There are 5 faculty who you will work with about usually 8 to 5pm but some shifts are 8 to 2pm.

### Clinic

Valley Medical Care Clinic is a full spectrum family medicine practice. There are few specialties in Juneau and consequently the Family Practitioners are asked to provide services that are often covered by specialists in larger areas. The community has four general internists. The practice does close to 160 deliveries a year, and has an extensive inpatient service. [www.valleymedicalcare.com](http://www.valleymedicalcare.com/)

* Nursing Home: Wildflower Court Nursing Home: patients are followed by family physicians.

### What to Expect

Each family physician on staff rotates as the “hospitalist” and the WRITE students may round with them. There are opportunities to assist in surgery and vaginal deliveries. The Behavioral Health Department is staffed by a psychiatrist, psychologist, and nurse practitioners. There are visiting specialty clinics in Juneau currently in Cardiology, Oncology, and Vascular Surgery providing the opportunity for WRITE students to work with consulting specialists.

### Size & Location

Juneau is located in the Panhandle of Southeast Alaska, 900 air miles north of Seattle and 600 air miles south of Anchorage. Juneau lies on a small strip of land between sea level and 3,800 feet peaks. Of

Juneau’s entire 3,248 square mile size, there are 928 square miles of ice cap, 704 square miles of water, and only 264 square miles of urban development. Another 1,352 square miles are wilderness and rainforest. To see a map of where we are located and/or get directions from other locations, go

to [**maps.google.com**](http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode&q=Valley%2BMedical%2BCare%2C%2B1801%2BSalmon%2BCreek%2BLane%2C%2BJuneau%2C%2BAK%2B99801&sll=58.330314%2C-134.466734&sspn=0.014848%2C0.033431&ie=UTF8&ll=58.330021%2C-134.464803&spn=0.007143%2C0.016716&z=16&iwloc=A) (for directions, click “Get Directions” in the upper left-hand corner where you can input the starting address).

### Transportation

Alaska Airlines has several northbound and southbound flights per day. The Alaska Ferry system provides daily service in and out of the community.

Within Juneau, UW will reimburse for rental car. Please be in touch with Lea Ike to arrange. Students can usually arrange themselves through UW contract with either Enterprise or National. (Details are on:

<https://finance.uw.edu/travel/cars#enterprise>page.)

### Housing

Please be in touch with Dena Wiggins, AK Regional Office coordinator, to make housing arrangements. Her number contact info is: [dw45@uw.edu](mailto:dw45@uw.edu) ; 907.786.4747

### Other departments

Other students from UW do rotations in the Emergency Department and sometimes Psychiatry.

### Interesting Facts

Juneau was established as the State Capital in 1900 and was originally a mining community. It has no road access. Approximately thirty one thousand people live in the Juneau Borough, which covers 2,700 square miles (that is 11 people per square mile). One quarter of the population is under 18 and the median income is sixty thousand dollars mainly from fishing, the service industry and government employment. Juneau has a robust tourism industry in the summer from the cruise lines. It is common to have five Alaska Cruise Ships each with 2,000-4,000 tourists in town at one time. During the annual January to May legislative [session, the](http://www.juneau.org/) community again increases with legislators, their staffs, lobbyists, and other interested parties.

**Extracurricular Activities**: [www.juneau.org](http://www.juneau.org/)

* Alaska State Museum
* House of Wickersham
* Juneau-Douglas City Museum
* Patsy Ann Statue
* Mt. Roberts Tram
* Trails

### Weather Trends

Juneau has a mild, maritime climate. The mean annual temperature is 55 degrees Fahrenheit. Winter temperatures seldom drop below 20 degrees Fahrenheit and summer temperatures seldom exceed 65 degrees. Abundant rainfall contributes to the growth of very large Sitka spruce and Western hemlock in the coastal forests and to abundant fish populations in local waters. Snowfall is heavy in most winters, averaging 101 inches. Statistically, June is the month with the least rainfall. Juneau does not have the “midnight sun” experienced further north in Alaska, but day length is much longer in the summer and much shorter in the winter than in the “Lower 48” states.

### Dress

Be sure to bring warm clothes and a rain coat.