**Tacoma Family Medicine – Tacoma, WA**

**Site Director:** Kate Landy, MD – kate.landy@multicare.org

**Administrator:** Kareena Andreas – Kareena.andreas@multicare.org

**Credentialing:** Kareena Andreas

**Address:**

Tacoma Family Medicine, Multicare Health System (MHS)

521 Martin Luther King, Jr. Way

Tacoma, WA 98405

**Housing:**

The two two-bedroom apartments are both in a newly renovated apartment complex. The doors are locked/unlocked via code for keyless entry. Apartments are minimally furnished (bed, table, couch, washer/dryer, dishwasher). All furnishings are new and clean. Carpets are new, thick, clean. The apartments are professionally cleaned in between students. If walking, the commute to Tacoma General or Tacoma Family Medicine is less than fifteen minutes, and about five minutes by bike or car. Roommates would be another student, usually same gender, also on an away rotation from UW.

**NEEDED (4 weeks before you start your clinical rotation) send to Kareena:**

* Complete all forms linked to UW Student Credentialing Page
	+ MHS Intake (the one with the UW information filled in already – UW FMC credentialing page)
	+ MHS Confidentiality (HIPAA)
* Send a jpeg picture (professional looking, on plain background, to be used to make a MHS student ID badge)
* Send influenza vaccination and COVID vaccination

**Site Details:**

The Tacoma Family Medicine Residency has 24 residents, 5 rural medicine fellows, 11 family physician faculty, two nurse practitioners, a pediatrician, a psychiatrist, a pharmacist, and a behavioral scientist. In order to give students a more diverse experience, the clerkship provides an extensive clinic experience in the residency, as well as one day per week with a family physician in a non-residency Multicare clinic. We also offer the opportunity for nursing home rounds, colposcopy and procedure clinics, developmental disability clinic, and occasional home visits. Students spend one week with our hospital team on the Family Medicine Inpatient service, which serves adults and children from both the TFM clinic and the Puyallup Tribal Health Authority. Students also attend weekly teaching conferences, and occasional procedure workshops.

**Satellite Sites:**

Multicare Family Medicine Center

Tacoma Central Family Medicine

**Community:**

Situated about 30 miles south of Seattle, Tacoma is the 3rd largest city in the state of Washington. It is located in Pierce County, which is the one of the most ethnically diverse counties in the state. Tacoma is home to a vibrant, creative community of writers, artists and musicians, photographers, filmmakers, passionate entrepreneurs and small business owners. It is also a haven for hikers, runners and cyclists, especially along the Ruston Way waterfront trail. Tacoma is well known for its parks, including the beautiful 700-acre Point Defiance Park – the second largest urban park in the country – home to hiking trails, beaches, the Vashon ferry, and the Point Defiance Zoo. Tacoma's gourmands and culinary connoisseurs have cultivated a scene for foodies that’s made national press, and many of Seattle’s restauranteurs have established great restaurants and bars here. Explore the Proctor shopping district, the 6th Avenue eating and drinking establishments, and the Point Ruston waterfront development (don’t miss Ice Cream Social).

**Common Clinic Patients:**

The residency serves the urban underserved of Pierce County, and its mission is to train physicians for full-spectrum family medicine service to urban and rural underserved communities. The clinic cares for a majority of Medicaid/Medicare patients, including the largest population of patients with physical and intellectual disabilities in Pierce county. The clinic is ethnically diverse, and sees patients from a wide range of racial, economic and linguistic backgrounds.

**On-Call Duties:**

There are no specific on-call duties, and weekends are free. Students may request to spend weekend time on the OB deck if space allows.

**Housing and Transportation:**

One-bedroom apartment with two twin beds. Internet, cable, and laundry available on site. The housing has WIFI. No pets are allowed. Spouses and partners are welcome. The site is unable to accommodate children. The clinic, hospital and apartment are within walking distance of one another. A car is advised for off-site activities.

**Other Information:**

Wright Park is next to our campus, which has a 0.9 perimeter trail and many beautiful old growth trees. Stadium Thriftway grocery store and Ranko’s pharmacy are also within walking distance. There are several great restaurants in walking distance from the clinic including Rhein Haus, Indo, Shake Shake Shake, The Hub, Infinite Soups, Corina Bakery, Red Start Tacos, and Art House Café.

Other fun attractions include:

Point Defiance Park – very large city park in North Tacoma featuring wooded walking / running trails, paved biking on 5 mile drive, public beach, Fort Nisqually Living History Museum, and the Point Defiance Zoo and Aquarium.

Ruston way – about 3 miles of waterfront with paved trails for walking/running, and the Point Ruston development including restaurants, shops, excellent local ice cream, and a movie theater.

The Grand Cinema – independent volunteer-fun movie house within walking distance of the clinic / hospital

Corina Bakery, next to the Grand Cinema. Yum. Gluten free and vegan options available.