
DETAILS

BILLINGS FAMILY MEDICINE

RiverStone Health Clinic
Montana Family Medicine Residency
123 South 27th Street
Billings, MT 59101

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BILLINGS COMMUNITY

Billings is the largest community in Montana, serving both as a primary care and specialty referral center. Billings is called the “trailhead” to Little Bighorn Battlefield, Pompeys Pillar National Monument, the Dinosaur Trail, Yellowstone National Park, plus excellent year round recreational opportunities: hiking, skiing, fishing, kayaking, mountain and road bicycling, golf, and tennis. There are many great local restaurants and micro-breweries as well.

- **Billings Trivia Fun Facts**

- Billings is called the "City beneath the Rimrocks" The Rimrocks, also known as the "Rims" are a 300 to 800 foot sandstone formation. Billings is also referred to as the Magic City.
- On average, the warmest month is July, with December being the coldest.
- Billings got the most snow on record in 2018 with 103.5 inches of snow beating the old record of 98.9 inches set back in 1996-97 by 4.6 inches
- The highest recorded temperature was 112°F in 1901. The coldest was -49°F in 1899
- Actor Jeff Kober, who plays Joe in the AMC series, "The Walking Dead," was born in Billings.
- Frontierwoman and professional scout Martha Canary, better known as Calamity Jane, lived in Billings. She owned a cabin on Canyon Creek, west of Billings in 1894. There are many reports that she had a wild side and spent time on more than one occasion in jail.
- The first school classes were held in Billings in October of 1882. The first school was a makeshift rented space. A log school was built in 1883 and while a new brick school was being built, the log school burned down.
- Charles "Lucky Lindy" Lindbergh's spent four months in Billings in 1922 when he got stranded here. During his stay, Lindbergh performed parachute exhibitions. One newspaper writer described Lindbergh as "The Daredevil Parachute Jumper." Lindbergh's jumps took place at the fairgrounds and a cow pasture where Homestead Business Park is now located on the West End.
- Some 130+ years ago, The original Zimmerman Trail was built during the summers of 1890 and 1891 by brothers Joseph and Frank Zimmerman. In the late 1800s, Joseph Zimmerman raised sheep on his ranch at the top of the Rims and in the spring the herders would drive the sheep on their long

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journey along the face of the Rims and then up Alkali Creek to their summer pastures. The problem wasn't necessarily moving the animals, but getting good drinking water and supplies. The trip was 16 miles one way and took two days. Right around 1890, Zimmerman hired his brother Frank and others to build a trail up the Rims. Once the trail was blasted and roughed out it, saved 12 miles one way and the trip could be completed in five hours. As cars replaced wagons over the decades in the Yellowstone Valley, city planners revised the road in 1938. The current Zimmerman Trail was finally paved in the 1940s

- Billings hosts the tallest building in a five-state region, The First Interstate Center. It stands 272 feet and 20 floors above ground level. Billings is also home to the Crowne Plaza, the tallest load-bearing brick building in the world. That means that the load is supported by the wall, there is no column/beam to support the load. The Crowne Plaza, stands 256 feet and 22 floors above ground level and is not only the tallest hotel in Billings but in the state of Montana.
- Named after Northern Pacific Railway the first Rail Road was founded in Billings in 1882.
- Billings is the hometown to many famous athletes from all areas of sports. Just a few include former Major League Baseball pitchers Dave McNally and Jeff Ballard; former NFL players Ed Breeding, Kurt Buris, Dwan Edwards and Mitch Donahue; Olympic gold medal swimmer Mike Burton; LPGA golfer Leslie Spalding; Boxer Ruben Castillo and Sportscaster Brent Musburger.
- Yellowstone Kelly born Luther Sage Kelly was one of the most notable American veterans, scouts, and warriors of his time. At age 16, Kelly lied about his age, enlisted in the military, and the adventures of Yellowstone Kelly began. He was a scholar and author, a veteran of three wars, an exceptional hunter and trader, and a key player in scouting and taming the Wild West. In his twilight years, "Yellowstone" Kelly requested to have his body buried in the land where his restless spirit had experienced its greatest adventures. Kelly passed away on December 17, 1928, in California. His body was brought to Montana and held in a mausoleum until a fitting site was selected and the weather permitted a burial. On June 26, 1929, he was laid to rest with full military honors overlooking the Yellowstone Valley, what is now known as Swords Park. In 1959 The War Department honored Kelly's grave with a Bronze marker commemorating his service.

BILLINGS TRACK GENERAL INFORMATION

Our two Level II trauma hospitals, Billings Clinic and St. Vincent Healthcare, practice full scope patient care to provide specialty care to an area larger than the entire northeastern United States.

The Billings Family Medicine rotations are based out of RiverStone Health, a community health teaching center. The Montana Family Medicine Residency, a recognized Patient Centered Medical Home with interdisciplinary care teams and fully integrated behavior health is also located at RiverStone Health. There are 24 residents, 20 faculty and numerous professional support personnel.

Students spend their first and last week at RiverStone Health; the middle four weeks are spent at one of the outpatient Family Medicine clinics affiliated with the two local hospitals.

Our preceptors have extensive experience teaching. Many are affiliated with UWSOM. Our sites are multidisciplinary including pharmacy, sports medicine, osteopathic, behavioral health, and hospitalists.

RiverStone Health Clinic Lead Preceptor: Amy Solomon, MD 123 South 27 th Street Billings, MT 59101	Billings Clinic West Lead Preceptor: Ryan Schwanke, MD 2675 Central Ave Billings, MT 59102	St. Vincent Healthcare West Grand Lead Preceptor: Christopher Cancro, MD 2750 Grand Ave Billings, MT 59102
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Jenny Jutz, the Track Coordinator, will handle the overall coordination of the track. You can contact the Billings Track Office with any questions about your rotation to make preliminary arrangements. Feel free to contact her with any questions or concerns during your time in Billings.

Preliminary Arrangements

You will receive an email from Jenny approximately 4-6 weeks prior to the start of your rotation. This email will give you all the information regarding your Family Medicine rotation, orientation on your first day, necessary paperwork to be completed and housing information. Two weeks before the start of your rotation, an introductory email will be sent to you and your preceptor. This is an opportunity for the student and preceptor(s) to communicate with each other before the start of the rotation.

Arrival

You should plan to arrive in Billings no later than the day before the beginning of your rotation.

Orientation

On the first day of your rotation you will participate in the Billings Track, Family Medicine Clerkship Orientation at RiverStone Health with Jenny Jutz. You will receive an email with more specific instructions as your rotation gets closer. The orientation will include a tour of RiverStone Health, computer training, procedures and policies of the clinic. The lead preceptor will also meet with you during your first week. A laptop will be assigned to you and training will be provided on the use of our electronic health records.

You will also participate in an orientation for the outpatient clinic that you will spend the middle four weeks of your rotation. This will take place on the first Monday of your second week, depending on what location is rotating at the time of your clerkship. Detailed information will be given prior to your arrival in Billings.

Dress

The basic objective of the clerkship is for you to experience being a family physician in the community. The best way to get this experience is to emulate the physicians with whom you work. In each of these practices, the patients have been told that students will be involved in their care. You should make a point of wearing your UW nametag, white coat in the hospital and sometimes clinical settings, and student nametags given to you at the facilities. You should introduce yourself as a student physician working with the practice as part of your medical studies at the University of Washington.

Satellite Clinics

Healthcare for the Homeless (HCH) Clinic

Evening Walk-in Clinic

Saturday Urgent Care

Rural Clinics in Worden, Bridger, and Joliet

HCH and Rural Clinics may be arranged depending on interests and preceptor availability

Clinical Work

- Observe how comprehensive health assessment, education, and care are delivered in a CHC and a homeless clinic by an interdisciplinary team.
- Develop an understanding of the role of community based teams in supporting healthy learning

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and behaviors in the under-resourced populations.

- Experience the role of the physician in developing a care plan in long term care facilities.
- Utilize point-of-care mental health resources and personnel for mentally ill patients.

Education and Didactics

Students should expect to participate in a number of educational/didactic meetings:

- Frank Discussions, named after Frank Newman, one of the pioneers in the development of the WWAMI program. Frank Discussions is usually scheduled once during each rotation block at the student house. Local preceptors are scheduled to present a hot topic learning experience. A meal is provided.
- MFMR Didactics - Wednesday afternoons - schedule provided during orientation.
- Part of your schedule may include visiting other health care facilities in Billings, such as our homelessness facilities: HCH Clinic, HCH at St. Vincent de Paul, and our Remote Access Points.

Patients

At the RiverStone Health Clinic (a community health clinic and patient-centered medical home), students with work with a variety of Faculty and Residents' to see a mix of family medicine patients, including lower income and the underserved. At the local hospital affiliated clinics, students will see a more typical mixture of outpatient populations.

Housing

We are happy to announce the availability of two student houses. A large six-bedroom, fully furnished house and a large five-bedroom, fully furnished house which may both be shared with other students from in and out of the WWAMI Region. Amenities include BBQ, large back yard, wireless internet, basketball hoop, washer/dryer, and dishwasher. Please review housing information section prior to arrival. NO pets are allowed. A car is necessary for this site. There is public transportation available if needed, however it would be prudent to have a vehicle to travel at any hour or for longer distances. Hospitals are a 5 minute walk from both student houses. RiverStone Health Clinic is approximately a 30-minute walk. Bicycles are great in the non-winter. Housing is not conducive for families staying with student.

Transportation

Students are asked to provide their own transportation. You may have the opportunity to spend time in one of our outreach clinics, plus you will have time off during your rotation and want your own transportation to get out of town to explore! Some students often bring their own bikes to Billings.

Features

RiverStone Health is a community health center, and one of the first 11 Teaching Health Centers. We have had the great opportunity of moving into a brand new, state of the art building with a pod system that maximizes team-based care. We have 48 newly equipped exam rooms, procedure rooms and a large preceptor lounge. Summer 2019, we completed our adjacent Wellness Center, which allows patients to make one-on-one appointments with our Wellness Service Manager.

Providers care for high-needs patients with limited resources and access to care. They learn to treat patients in the full spectrum of their illness and social milieu while using resources wisely. As a National Committee for Quality Assurance recognized Patient-Centered Medical Home, behavioral health consultants, care managers and pharmacists are integrated into clinical care teams, helping residents understand the options and resources available. We prepare our graduates to be comfortable with a wide range of practice choices from rural and frontier communities to underserved populations and everything in between. Although located in the city, we offer a full-spectrum of Family Practice, including Obstetrics, Care for the hospitalized patient, Sports Medicine and Wilderness Medicine.