



**Dr. Elizabeth Donahue** is a Licensed Mental Health Counselor and a Registered and Board Certified Art Therapist. She received her doctorate in Counselor Education from Oregon State University and previously served as the Associate Chair of Creative Arts Therapies at Antioch University Seattle. She is presently a Founder and Director of the Art Therapy and Clinical Mental Health Counseling program at Antioch University New England and maintains a private practice in Seattle.

With over 16 years practicing as an Art Therapist, Dr. Donahue values most her work with diverse populations in settings such as inpatient residential treatment centers, group homes, and shelters. She believes in intersectionality and specializes in working with adolescents and adults challenged by a wide range of emotional and behavioral issues. She enjoys using a collaborative approach to help clients find their individual voice through artistic expression.

Dr. Donahue is extremely committed to progressive systemic change in counselor education and exhibits this by integrating a social justice and anti-racist framework into her programming, curriculum, and advising.