

# Providence St. Peter Family Practice

## Olympia, WA

### Site Details:

PROVIDENCE ST. PETER HOSPITAL  
FAMILY MEDICINE/RESIDENCY PROGRAM  
525 Lilly Road NE  
Olympia, Washington 98506 Phone: 360.493.7525

**SITE DIRECTOR:** Kari Lima, MD; email: Kari.lima@providence.org

**SITE COORDINATOR:** Shelly Kribs; email: michelle.kribs@providence.org

Providence St. Peter Family Medicine Residency Program is a 21-resident program with 8 family physician faculty, a pediatrician, an obstetrician, 2 nurse practitioners, a pharmacist, a physical therapist and 2 behavioral scientists. The clerkship emphasizes the practice of family medicine in a patient centered medical home.

**CLERKSHIP DETAILS:** Five weeks will be primarily outpatient. One week will include weekend call and hospital rounding with the inpatient Family Medicine team in the mornings and clinic in the afternoons. In the office the student is involved in our Adolescent Obstetrics Group Medical Visit, Complex Case Review Team (CCRT), Procedure Clinic, Transgender Medicine Clinic, Gynecology, Suboxone Clinic, Rapid Access Clinic, Colposcopy Clinic, and Nursing Home rounds, and home visits. In the hospital, the student is involved in medicine and pediatric admissions on the family medicine team, ER visits and obstetrical care. Didactics are available almost daily and students participate in our monthly workshops usually focusing on a hands-on skill or procedure.

**Satellite Sites:** Chehalis Family Medicine (Rural Training Track site)

### Community:

The city of Olympia, Washington (also the state capital and located in Thurston County) has been named by "Money Magazine" and "USA Today" as one of America's most livable cities.

The population of Thurston County is 200,000 and growing. State government is the largest employer. Education, forest products, construction, retail trade, the Port of Olympia, and light manufacturing are other major job providers. Providence St. Peter Hospital, with more than 1,500 employees, is the area's largest non-governmental employer.

Thurston County has numerous golf courses, bicycle trails, lakes, saltwater marinas, outdoor sports facilities, and off-road parks. The Pacific Ocean, Hood Canal, Olympic Peninsula, Mt. Rainier, and Mt. St. Helen are within easy driving distance and provide pleasant day trips or weekend getaways.

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### **Common Clinic Patients:**

The site cares for a diverse population including low income patients, teen pregnancy patients, transgender and LGBTQ patients, and those struggling with substance use disorders. Most of the patients are English speaking, but the site also serves many Hispanic and southeast Asian patients.

### **On-Call Duties:**

You will spend one-two weeks rounding in the hospital on the Family Medicine Service. You will take one Saturday of call with compensatory Friday off, and one weekday evening call.

### **Housing/Transportation:**

3 bedrooms, 2.5 bathrooms, two-car garage, fully furnished, with linens and bedding, washer/dryer, microwave, dishwasher, furnished kitchen (no food), TV, fenced back yard, cable, wireless and printer. Students should bring personal clothes/item, personal computer/laptop and food. The house is 5.85 miles, or 15-16 minutes, from St. Peter Hospital and 27.88 miles, or 38 minutes, from Providence Centralia Hospital. No pets. No smoking.

Housing for third-year required FM clerkships in Olympia is provided for students in a shared 3-bedroom student house. Please contact Michelle Pelt, Program Operations Administrator, Western Washington WWAMI Regional Office at [peltem@uw.edu](mailto:peltem@uw.edu) for housing information, including access.

**Note:** Housing is not provided for 4th year FM students, but space may be available in the shared housing. Please contact Michelle Pelt ([peltem@uw.edu](mailto:peltem@uw.edu)) regarding availability.

### **Other:**

### **Some facts about the weather in Olympia**

- On average, the warmest month is August.
- The highest recorded temperature was 104°F in 1981.
- On average, the coolest month is February.
- The lowest recorded temperature was -8°F in 1979.
- November is the average wettest month.

### **Onboarding**

All Family Medicine clerkships (required or elective) at Providence St. Peter Hospital require an onboarding process that is very specific and must be completed at least 6-8 weeks prior to the start of any clerkship. Please contact Michelle Pelt, Program Operations Administrator, Western Washington WWAMI Regional Office, at [peltem@uw.edu](mailto:peltem@uw.edu) for assistance and instructions. For required clerkships, please contact the UW Family Medicine Department clerkship administrator at

### **PRELIMINARY ARRANGEMENTS**

#### **Preparing for the Clerkship:**

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1. Email **Shelly Kribs** at [michelle.kribs@providence.org](mailto:michelle.kribs@providence.org) prior to your rotation to make preliminary arrangements (i.e., when and where to arrive). If the clerkship is scheduled to begin on a holiday, ask whether you will be expected to work that day. Coordinators at each practice make this decision. This is also an opportunity to ask any questions you might have after reading over the student guide.
2. Be sure to email the completed Student Summary Sheet found at bottom of this message to Shelly Kribs at least two weeks before the start date of your rotation.

### **On Arrival:**

You should plan on arriving in Olympia the day of the rotation (unless special arrangements have been made to arrive earlier). After arriving at St. Peter Family Medicine, check in with Mrs. Kribs. Orientation generally begins at 8:30 am.

On the first day of the clerkship you will receive a thorough orientation, including the following:

- Clerkship schedule, including call.
- Orientation to St. Peter Family Medicine and Providence St. Peter Hospital.
- Clerkship objectives and responsibilities from Dr. Lima during the first week.
- Introduction to faculty and staff.
- Orientation to laboratory and patient accounts.
- Photo Identification, Parking permit.

### **EVALUATIONS**

- **Student Evaluation:** Specific feedback will be given daily and when requested throughout the clerkship. In addition, two formal evaluations will be scheduled with the clerkship faculty supervisor, one at mid--point and another at the end of the clerkship. The faculty supervisor will review clerkship goals and objectives and provide feedback regarding clinical knowledge and skills, interpersonal relationships and personal/professional characteristics.
  - o **LIC Students:** The four preceptors with whom you work the most at the end of the rotation will complete an in-depth evaluation form.
  - o **Traditional Students:** Faculty supervisor will collect & collate feedback from faculty and R3s. The summary of those evaluation forms will be compiled and sent to the Seattle clerkship office where your final grade, taking into account your written exam results, will be determined.
- **Faculty and Clerkship Evaluation:** You are encouraged to provide verbal feedback regarding the clerkship and faculty to the clerkship faculty supervisor at the mid-clerkship and end of the clerkship evaluations. At the end of the clerkship, clinical teaching assessments will be completed on each of the preceptors with whom you had significant contact. You will also complete the Family Medicine Clerkship Evaluation Form. These will be sent anonymously to the University of Washington Department of Family Medicine.

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### CLINICAL WORK

**In the Office:** The student will spend most of their time seeing patients at St. Peter Family Medicine. You will be assigned to a faculty or R3 preceptor and see that preceptor's patients. You will be expected to make the first clinical contact in at least 120 patient examination encounters during the clerkship and will see an average of 3 patients per half-day clinic. You will be expected to take the initial history, do a physical exam and develop an assessment and plan. The preceptor will then see the patient in all cases. You will then write your note in EPIC using the SOAP format and this will be reviewed and edited by the preceptor and signed. You will be exposed to patients in all age groups, including obstetrics. You are expected, with supervision, to act as the primary provider and include in your plan any necessary prescriptions, laboratory and radiologic studies, or consultations when indicated. You may also be responsible for history and physicals for clinic patients who require hospital admission.

**In the Hospital:** You will be supervised by the R2 and/or R3 on call and be involved in medicine or family medicine admissions, ER visits and obstetric care. Written H&P's will be reviewed and co-signed by the resident. You may be expected to present admissions at morning report the following morning and may follow those patients during their hospital stay, writing daily progress notes.

**Specialty Clinics:** You may be involved in a number of specialty clinics. These may include: adolescent obstetrics, diabetes group visits, pediatric consult clinic, colposcopy clinic, procedure clinic and dermatology clinic.

**Dress:** Professional attire is worn while seeing patients. The basic objective of the clerkship is to give you first-person experience in being a family doctor in the community. The best way to get this experience is to emulate the physicians with whom you work. In each of these practices, the patients have been told that students will be involved in their care. You should make a point of wearing your UW nametag and introduce yourself as a student physician working with the practice as part of your medical studies at the University of Washington.

Providence St. Peter Hospital has an established dress code to which students are expected to adhere. The policy restricts body piercings, tattoos, and extremes in clothing and hair color. A copy of the policy is available in advance by contacting Shelly Kribs.

### DIDACTIC PROGRAMS AND MATERIALS

You will participate in the following didactics:

- Family Medicine Centered Didactic Conferences
- Monthly Workshops
- Quarterly Safety & Systems Conference
- Monthly Clinical Case Conference
- Monthly OB Case Conference
- Monthly Clinical Team Meeting

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**Student Presentation:** You may give a 30-minute presentation to the Adolescent OB group on a topic of your choice.

**Clerkship Resources:** Medical reference libraries are available in the practice and Providence St. Peter Hospital. The faculty are committed to helping you make an informed decision about your medical specialty and about structuring a satisfying life within any medical career. They welcome your questions.