



## FAMILY MEDICINE CLERKSHIP HIGHLIGHTS Newsletter

March 6<sup>th</sup> & 7<sup>th</sup>, 2020

Next EOQ: June 19 – Zoom only



### March EOQ Thank You

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We had a great time hosting the March End of Quarter Meeting and appreciate the attendance of all who were able to make it in person and via Zoom. We still plan to hold the June 19 EOQ but due to the complications presented by the current COVID-19 pandemic, it will be shortened and via Zoom only. Thanks to you all for your hard work on behalf of our students and your communities.

#### TOP FIVE

1. Spring A and B have been canceled due to the COVID 19 pandemic. At this point, clerkship rotations will start back up in early July and may be shortened from six to four weeks per rotation for the current class.
2. We will be piloting a [new set of grade anchors](#) that are aligned with clerkship objectives. We will reach out after clerkships are up and running again for volunteer sites. We will continue using the current grade anchors and criteria for the cohort that starts on July.
3. SLGT2 Inhibitors reduce the progression of heart failure and ESRD in patients with diabetes, as well as decreasing the A1c and promoting weight loss.
4. Teaching sites are successfully incorporating students into a low barrier Medication Assisted Therapy clinic for opioid addiction.
5. Being intentional and thoughtful about how to use your time can pay big dividends.

## Friday Presentation Summaries

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### Day in the Life Presentation

Katina Rue, DO site director of our Yakima, WA clerkship site, gave a detailed breakdown of her site's amenities for students, orientation, schedule, and rotation details.

[Here](#) is a link to her presentation.

### Review of Clerkship Requirements and Best Practices of How to Achieve Them

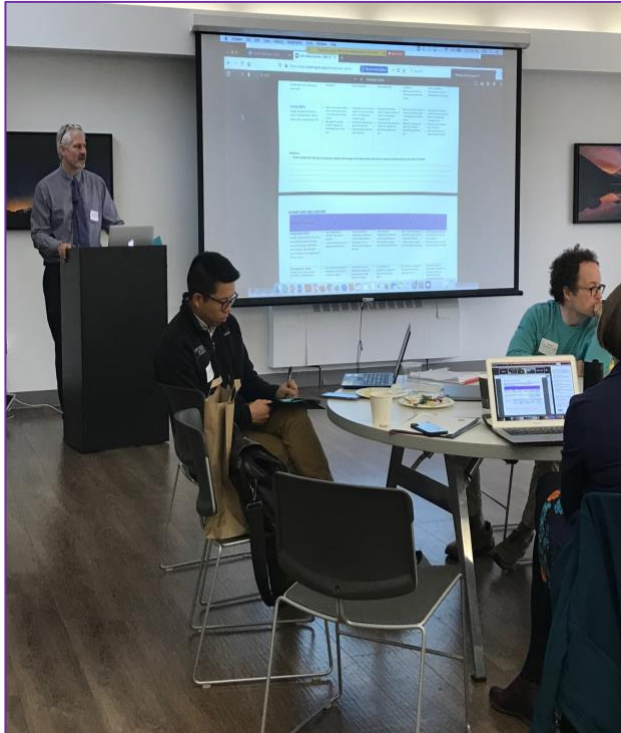
Dr. Cawse-Lucas did an overview of the clerkship goals and objectives and engaged the faculty in a discussion of best practices for accomplishing conversations about professionalism and evaluations. Faculty agreed that describing professionalism can be a challenge and recommended thinking about past students who have demonstrated outstanding professionalism and describing some of those examples. They also recommend responding quickly and calmly when a student does something that is not professional. Several faculty commented that professionalism is not one size fits all and that we should do faculty development on teaching professional values to the current generation.

Regarding evaluations, many faculty recommended having students rate themselves using the grade anchors during mid and end clerkship feedback and ensuring that the students are very clear about how their evaluations are compiled. Additionally, it is best to give feedback in the moment, state that feedback is being offered, and use cards for daily feedback. Faculty also feel it is important to differentiate between feedback and evaluation.

[Here](#) is a link to Dr. Cawse-Lucas's presentation.

### New Grade Anchors Discussion

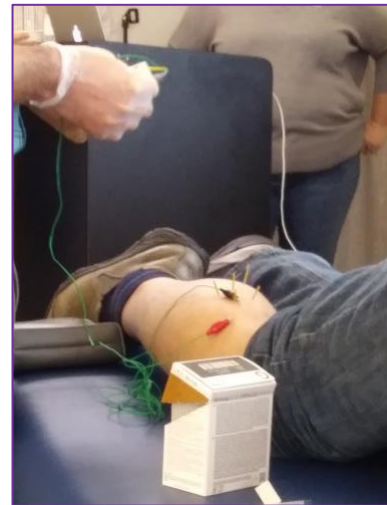
Mark Whipple, Assistant Dean for Clinical Curriculum, Matt Cunningham, and Nick Cheung presented a new draft of the clerkship grade anchors. These anchors represent a modified set of objectives and have the goal of capturing what makes family medicine special, such as patient-centered communication, complexity, and care across the lifecycle.



[Here](#) is a link to the current version of the proposed grade anchors.

### **Dry Needling**

Troy Witherrite, MD, the site director of our White Salmon, WA clerkship site, presented and demonstrated the benefits of dry needling. Dry needling is a hands-on therapeutic modality that can be used in clinic for patients with pain.



[Here](#) is a link to Dr. Witherrite's presentation and materials.

## Teaching Topic – Incorporating Students into a Low Barrier Buprenorphine Clinic

Lucinda Grande, MD Site Director, Olympia, WA

Dr. Lucinda Grande presented a blueprint for incorporating learners of all levels into a low barrier medication-assisted therapy clinic.

[Here](#) is a link to Dr. Grande’s presentation.

## STFM Master Preceptor Awards and COVID-19

Freddy Chen, MD Professor of Family Medicine, and current President of Society of Teachers of Family Medicine gave an update on COVID-19 and highlighted steps that UW is taking to deal with the Pandemic. Here are some useful links:

Resources for Health Care Organizations: <https://covid-19.uwmedicine.org/Pages/default.aspx>

Resources for Teaching: <https://clime.washington.edu/covid19-resources-1>

State by state COVID-19 projections: <https://covid19.healthdata.org/>

Resources for Telemedicine via ACP (American College of Physicians):

<https://www.acponline.org/practice-resources/business-resources/health-information-technology/telehealth>

Dr Chen also presented the STFM master preceptor awards. The STFM Master Preceptor Award can be given to preceptors who have precepted students at least 8 weeks per year for each of the past 2 years, provide patient-centered care, and welcome students and allow them to participate meaningfully as members of the health care team in roles appropriate to their levels of training. The clerkship team was pleased to recognize all of the site directors as master preceptors, and site directors were invited to recognize colleagues at their sites as well.

[Here](#) is a link to this year’s award winners.



## Saturday Presentation Summaries

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### Skills for the Busy Faculty Member: Time Management and Organization

Puneet Bhargava, MD, a radiologist and director of GI Imaging for UW Medicine, presented on the topic of time management and organization. He outlined several tools that can be helpful with time management and enhancing personal productivity.

[Here](#) is a link to his list of recommended resources.

### DM Medications

Dr. Trikudanathan presented evidence and best practices for the use of the newer diabetes agents.

[Here](#) is a link to Dr. Trikudanathan's presentation.

### Mentoring Across Differences

Drs. Jon Ilgen and Daniel Cabrera, who are both college mentors in Seattle, presented on best practices for mentoring, particularly for students whose identities differ from the educator. While the presentation focused on students who are historically underrepresented in medicine, they highlighted that these skills are useful for any student.

[Here](#) is a link to Drs. Ilgen and Cabrera's presentation.



Thank you and we hope to see you in June (virtually).