

Summer 2018 Underserved Pathway Mentor Memo

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Summer is here!

Thank you! Each of you contributes so much for our students. Thank you, with special thanks to those of you with students who graduated and moved on to residency in May.

New Faculty Announcement!

Our big announcement is that we have some faculty changes. Dr. David Evans left the team to become the Residency Director of the UW Family Medicine Residency and was replaced by Dr. Lynn Oliver. Lynn is a family medicine physician who has been on the UW Seattle faculty since 1989. She has been a College Mentor since the program started 16 years ago, currently working with Wyoming students who still come to Seattle for fall quarter of their second year. She has been on the residency faculty and has her clinical practice in the residency site at Northgate and she worked this past year with the Primary Care Preceptorship team. Dr. Sharon Dobie is retiring 7/1/18, though she will be helping ensure some historical perspectives. Dr. Kim Kardonsky will be joining the faculty in Seattle. In addition to her clinical practice at Harborview, she will have time dedicated to Rural Programs and she will be the Director of the Underserved Pathway. A member of the Jamestown S’Klallam Tribe, Kim completed medical school at the Medical College of Wisconsin and family medicine residency at the Indian Health Board site, part of what is now the Swedish Cherry Hill Family Medicine Residency. She has most recently been caring for patients at the Tulalip Health Clinic. Please join us in welcoming both Dr. Oliver and Dr. Kardonsky to the Underserved Pathway team!



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Checking in With Your UP Mentee:

Now is a great time to meet with your UP student.

It is required at least once per quarter. Please let us know if your student is not reaching out to you on a quarterly basis to schedule these meetings. We are happy to send them a reminder.

If you would like to be matched to another UP student or know of any new providers who you think would be a great mentor, please let us know!

TRUST preceptors

Those of you who are TRUST preceptors will have your first meeting with your Underserved Pathway / TRUST student this summer when they complete their First Summer Experience. Please let us and the TRUST team know if you have any questions. Some things you can discuss with your Trust Scholar Mentee:

- Introductions, expectations for role as a mentor, site orientation, contact information for you and your student, etc.
- Does s/he feel prepared for the first year of medical school? What are they nervous about? How can you help?
- Discussion about the Goals and Objectives for the TRUST First Summer Experience. Does your student feel s/he can complete all the assignments?
- Discussion of the new curriculum. A detailed outline of the Foundations Phase is included on the curriculum renewal website: <https://www.uwmedicine.org/education/md-program/current-students/curriculum/phase-1-foundations>
- This gives specifics of what the student will be learning during the Foundations Phase from August 2018 through Transitions in spring of 2019.
- How do you both envision this mentor/mentee relationship growing or developing over time?
- What is your student doing for the remainder of the summer?

Schedule a time to see or talk to your mentee in the fall.

Students completing Term 2: These are students who are now completing the first year of medical school.

Acknowledge the year of study completed by your mentee. It is an exciting moment for them. This summer they will be engaged in one or more activities that can include: a global health immersion (GHIP), a month long immersion in a rural or underserved community and health care setting (RUOP), clinical or basic science research (MSRTP), or other activities. Most students in GHIP or RUOP will also complete a scholarly project that includes engagement with a given community.

Things to talk about with your UP student:

- Review mentoring goals and expectations: it may be useful for both you and your mentee to read the UP Mentoring Guide: <http://depts.washington.edu/fammed/wp-content/uploads/2016/05/UP-Mentoring-Guide-FINAL.pdf>
 - o This guide provides a check-list for meetings and suggested roles.
- What are students looking forward to for the summer? What expectations do they have? Personal goals? Interests?
- How can you as a mentor help them nurture their interests over time?
- What types of patient populations does your mentee hope to serve? What are the demographics of the community you serve?

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- Is there an opportunity to work together at some point in time over the next year? What needs to be done to plan this?
- Schedule the next quarterly meeting to see or talk to your mentee

These students will be meeting this Fall to plan their Patient Care Phase clinical schedules! As Underserved Pathway students, they are required to complete 12 clinical credits in an underserved setting. For patient care requirements, please refer to this web site:

<https://www.uwmedicine.org/education/md-program/current-students/curriculum/phase-2-patient-care>

Students who completed Term 3 (Foundations) in Dec 2017:

Most of these students have taken the Part 1 of the National Boards and have begun clerkships. Some may be studying to take these exams.

Things to talk about with your UP student:

- Updates on their study plans or on their clerkship schedules and progress
 - o If in clerkships, what have they done so far? How is it going?
- How are they managing demands on their time and intellect
- If in clerkships, are they have adequate opportunities to practice skills:
 - o writing patient notes
 - o giving an oral case presentation
- As they begin their clinical years, do they have any concerns or questions for you in particular?
- Schedule the next quarterly meeting to see or talk to your mentee

It is important at this time to discuss your student's progress in the pathway. What online Underserved Pathway modules have they completed? Have they taken any selective courses with an underserved emphasis? Have they explored options for community service? All Underserved Pathway students must complete an Individual Investigative Inquiry (III) with an underserved population. Your student may have met this requirement through a RUOP or GHIP summer experience. Please confirm with your students that they completed it or have a plan for completing.

Your student may have completed a clinical rotation by now. Personal hopes and fears about their clinical competence and their ability to work with patients may be surfacing. Your guidance can be very helpful as they think about their role in caring for patients and their future career paths.

This is also a good time to start talking with them about elective clerkships in their fourth year. These electives will help students to further identify and focus their career plans. Clerkships with an emphasis on underserved communities are available and students need to complete 12 credits of clinical coursework at an underserved location to meet Underserved Pathway requirements.

Mentoring Rising Fourth Year Students (MS4):

Things to talk about with your UP student:

- These students are about apply to residencies. This is a great time to talk to them about their specialty choice(s), plans for applications, writing their personal statement!
- Are they pleased with their clerkship schedules? What do they have planned? Do you have any thoughts about potential changes to that plan?

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Students may have many questions. Mentoring your student through this exciting time can be rewarding experience for both of you. Your student should have taken or will soon be taking both the clinical skills and the written step 2 board examinations. Talk with your student about preparing for these exams and about their experiences with them as a great way to connect further.

Reminder of All UP Student Requirements to Earn a Certificate:

- Minimum of 8 online curriculum modules and associated activities (10 for E15)
 - MODULE: *Who Are the Underserved?* is required for everyone
- One meeting per quarter with Underserved Pathway/TRUST mentor (Skype/phone, email, in-person)
- 2 credits of non-clinical selectives focusing on underserved populations or issues
- R/UOP, GHIP, and/or preclinical preceptorship in underserved setting
- III focused on issue affecting underserved population(s). III completed on R/UOP or GHIP automatically qualify
- 12 credits clinical courses in underserved setting or serving vulnerable population(s)
- Attendance of one UP event/gathering per quarter is encouraged
- Average of 2 hours per quarter of community service/service learning (4 year TOTAL = 24 hours)

If your student is having or foresees having trouble meeting any of these requirements, please have them talk with us. Often we are able to find alternative ways to meet the requirement.

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