

Autumn 2018 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

Table of Contents

<u>WE ARE GRATEFUL FOR YOU ALL!</u>	1
<u>UP MODULES ARE NOW PUBLIC!</u>	2
<u>NEWISH CURRICULUM</u>	2
<u>AUTUMN: CHECKING IN WITH YOUR UP MENTEE</u>	2
MENTORING TERM ONE MEDICAL STUDENTS	2
MENTORING TERM THREE MEDICAL STUDENTS	3
MENTORING THIRD YEAR STUDENTS (MS3)	4
MENTORING FOURTH YEAR STUDENTS (MS4)	5
<u>REMINDER OF ALL UP STUDENT REQUIREMENTS TO EARN A CERTIFICATE</u>	5
<u>THE UNDERSERVED PATHWAY TEAM (CONTACT LIST)</u>	6

We are grateful for you all!

The purpose of this memo is to help guide your quarterly discussions with your mentees. Another great place to find ideas for conversations with our students is to follow us on Twitter @UWSOM_UP!

Thank you! Each of you contributes so much for our students.
Thank you!

Now is a great time to: **schedule a time to see or talk to your mentee in the fall.**

If you would like to be matched to an additional UP student or know of any new providers who you think would be a great mentor, please let us know! For new mentors, please email upath@uw.edu!



Autumn 2018 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

UP modules are now public!

Please note that the UP modules are now public! You can visit them and see what students are asked to do, although you will not be able to see their responses nor submit responses. We think they are valuable for all and might provide topics for conversations with your students. The link to the modules is: <https://canvas.uw.edu/courses/1176574>

Newish Curriculum

The students entering medical school this month (E18) are the fourth cohort of students to be trained with this three phase curriculum structure: 1. Foundations Phase, 2. Patient Care Phase, and 3. Career Exploration and Focus. Overall, most students are now in the new curriculum (there may be a few MD/PhD or expanded students who started with the older curriculum).

To learn more about the current curriculum visit these websites:

- <http://www.uwmedicine.org/education/md-program/curriculum-renewal>
- http://engage.washington.edu/site/MessageViewer?em_id=184042.0

Those of you who are TRUST preceptors will have had your first meeting with your E18 TRUST Scholars this summer with the First Summer Experience (FSE); all TRUST Scholars are enrolled in the Underserved Pathway (UP). As TRUST preceptor, you are also the mentor for this student in the UP. Topics you may have covered include:

- Introductions, expectations for role as a mentor, site orientation, contact information for you and your student, etc.
- How do you both envision your relationship growing or developing over time?
- Does s/he feel prepared for the first year of medical school? What are they nervous about? How can you help?
- Discussion of the curriculum. A detailed outline of the Foundations Phase, which gives specifics of what the student will be learning during the Foundations Phase from August 2018 to March 2020, is included on the curriculum renewal website:
 - https://www.uwmedicine.org/education/Documents/Curriculum_Schematic-E18.pdf

AUTUMN: Checking in with Your UP Mentee

Mentoring Term One Medical Students

These are students who are now beginning the Foundations Phase at the UWSOM. Your first year students started two exciting weeks of "Immersion" on August 20, 2018. During this time, various topics were introduced including health equity, communication skills, history and physical exam skills, and more. From there and until the December holiday, they complete a block call The Molecular and Cellular Basis of Disease and one called Invaders and Defenders. This new curriculum is more experiential and courses are not demarcated by specialty. Things to talk about with your UP student:

Autumn 2018 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

- Set-up mentoring goals and expectations: it may be useful for both you and your mentee to read the UP Mentoring Guide (This mentoring guide provides a check-list for initial meetings and suggested mentor and mentee roles):
 - o <https://depts.washington.edu/fammed/wp-content/uploads/2016/05/UP-Mentoring-Guide-FINAL.pdf>
- What are students looking forward to as they enter medical school? What expectations do they have? Personal goals? Interests?
- How can you as a mentor help them nurture their interests over time?
- What types of patient populations does your mentee hope to serve? What are the demographics of the community you serve?
- Is there an opportunity to work together at some point in time over the next year? What needs to be done to plan this?
- If possible, schedule the next quarterly meeting to see or talk to your mentee.

Please remind your student(s) to look into summer opportunities, most of which involve an option to complete their Independent Investigative Inquiry (III). The UP requires a III project that addresses an issue affecting underserved populations. The Rural Underserved Opportunities Program (R/UOP) and the Global Health Immersion Program (GHIP) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer, and a III completed in one of these programs automatically qualifies for UP credit. Applications for both GHIP and RUOP applications are usually due in **January**.

- **III** - <http://www.uwmedicine.org/education/md-program/current-students/curriculum/independent-investigative-inquiry>
- **RUOP** <https://depts.washington.edu/fammed/education/programs/ruop/>
- **GHIP** <https://www.uwmedicine.org/education/md-program/current-students/curriculum/programs/ghip>

Mentoring Term Three Medical Students

These are “second year” students who are in the middle of the Foundations Phase at theUWSOM (these students will complete the course work of Foundations Phase in December 2018). This fall their blocks are Mind, Brain, and Behavior and Life Cycles.

Please discuss your student’s progress in the Underserved Pathway.

- Which online Underserved Pathway modules have they completed? (and perhaps what you learned if you looked at and read any of the modules)
- Have they taken any selective courses with an underserved emphasis? (This fall might be the last time they have to satisfy that requirement).
- Have they explored options for and participated in community service?
- Have they completed an Individual Investigative Inquiry (III) with an underserved population or is it underway?

Other topics to discuss with your UP student:

- Updates on coursework/programs your student did and how did it go?
- What program did they do (GHIP, RUOP, Research)? What did they learn?

Autumn 2018 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

- How are they doing in their studies? Do they have a plan for National Board preparation?
- For Wyoming students (who will be in Seattle this fall), how is resettling in Seattle? Questions? Concerns?
- Demands on their time and intellect
- How is their experience in their Primary Care Practicum going?
- What is their experience with UW College small group sessions?
- What Opportunities do they have to practice skills?
- Writing patient notes
- Giving an oral case presentation
- As they prepare for their clinical years, do they have any concerns regarding clerkships or for you in particular?
- If possible, schedule the next quarterly meeting to see or talk to your mentee

Students will be meeting this Fall to plan their Patient Care Phase clinical schedules. As Underserved Pathway students, they are required to complete 12 clinical credits (6 weeks) in an underserved setting. Some students are also able to take part in the WWAMI State TRACK Program and WWAMI Rural Integrated Training Experience (WRITE). All WRITE participants automatically have enough credits to satisfy UP requirements.

- Current Clinical Curriculum: <https://www.uwmedicine.org/education/md-program/current-students/curriculum/phase-2-patient-care>
- <https://www.uwmedicine.org/education/md-program/current-students/curriculum/phase-3-explore-and-focus>

If you and/or your mentee have questions about the status of requirement completion, please have them call or write to UP staff and faculty.

Mentoring Third Year Students (MS3)

Most students in their third year will have started their clinical rotations as early as May 2018, after completing their Board exam. (See links above for the clinical curriculum). In addition to checking in on their progress on UP requirements, things to talk about with your UP student:

- What rotations have they done so far? How is it going?
- Any concerns about the transition to clinical years?
- Demands on their time and intellect
- What opportunities do they have to practice skills?
 - Writing-up histories & physical exams
 - Giving an oral case presentation
 - Learning some procedures

For those of you paired with third year students, this is a great time to check in with your student and find out about their initial clinical experiences. A number of personal hopes and fears about their clinical competence and their ability to work with patients may be surfacing. Your guidance can be very helpful as they think about their role in caring for patients and their future career paths.

This is also a good time to start talking with them about elective clerkships once they complete the required clerkships. Clerkships with an emphasis on underserved communities are available and

Autumn 2018 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

students need to complete 12 credits of clinical coursework (6 weeks, required or elective) at an underserved location to meet Underserved Pathway requirements.

Mentoring Fourth Year Students (MS4)

Current MS4 students are in the process of applying to residencies, completing more required clerkships and arranging Sub-Internships and electives—MS4 Curriculum

<https://www.uwmedicine.org/education/md-program/current-students/curriculum/phase-3-explore-and-focus>

If they have the UP mentioned in their MSPE (dean's letter), they will have completed most UP requirements. Whether or not they have it in their MSPE they can complete the UP for a certificate if they complete all requirements by late April.

Things to talk about with your UP student:

- Preparation for residency interviews: Coach them to mention the UP. We know from former students that programs are interested in students' participation in this program.
- Specialty choice (some may still be undecided!)
- Plans for the remainder of medical school
- Moving on and staying in touch!

At this point, fourth years are submitting their residency applications. They will have a list of residency programs where they are applying. Mentoring your student through this exciting time can be a rewarding experience for both of you. Offer to help your students with their preparation for the interview process – perform a mock interview or work with your student to come up with a list of questions for potential residencies. Help them look at their list with an eye to which programs support training for care of the underserved. Your student should have taken or will soon be taking both the clinical skills and the written step 2 board examinations. Talking with your student about preparing for these exams and about their experiences with these exams is a great way to connect further with your student.

Reminder of All UP Student Requirements to Earn a Certificate

- Curriculum: Modules — *Who Are the Underserved?* is **required** for everyone
 - o Minimum of **10** online curriculum modules or associated activities for (E15 and after)
 - o Minimum of **8** online curriculum modules or associated activities for (E14 and before)
- Longitudinal mentorship with Underserved Pathway or TRUST mentor:
 - o 1 meeting per quarter or a minimum of 4 meetings per year
 - o Meetings can occur via in-person, phone, web-based video conferencing, or email
- Scholarly project:
 - o III focused on an issue affecting underserved population(s).
 - o III completed on RUOP or GHIP automatically qualify.
- Pre-clinical community experience:
 - o RUOP, GHIP, PCP, and/or preclinical preceptorship in underserved setting
- Non-clinical coursework: selectives:
 - o 2 credits focusing on underserved populations or issues
- Clinical courses – Clerkships, Patient Care Phase, Career Explorations Phase:

Autumn 2018 Underserved Pathway Mentor Memo

UP Website: <https://depts.washington.edu/fammed/education/programs/upath/>

- 12 credits (or SIX weeks) of clinical courses in underserved setting or serving vulnerable population(s)
 - Service learning, advocacy, community service or engagement:
 - 24 hours completed in an underserved setting
-

The Underserved Pathway Team (Contact list)

Please note recent changes to the Underserved Pathway team. Dr. Sharon Dobie is retiring and handing the baton to Dr. Kim Kardonsky as the new Pathway Director. Dr. Lynn Oliver is an experienced family medicine physician and faculty member also on the team. Feel free to contact us for support, with questions or to share the important work you are doing. Stop by E-304 if you are in Seattle!

Kim Kardonsky, MD
Underserved Pathway Director
Kardok2@uw.edu

Lynn Oliver, MD
Underserved Pathway Faculty Advisor
oliverl@uw.edu

Genya Shimkin, MPH
Underserved Pathway Program Manager
upath@uw.edu

Medical Student Education (MSE) Section

Department of Family Medicine
University of Washington

Phone: 206.616.7889
Fax: 206.543.3821

Physical Address: 1959 NE Pacific St, E-304
Seattle, WA 98195-6390

Mailing Address: UW Box 356390
Seattle, WA 98195-6390