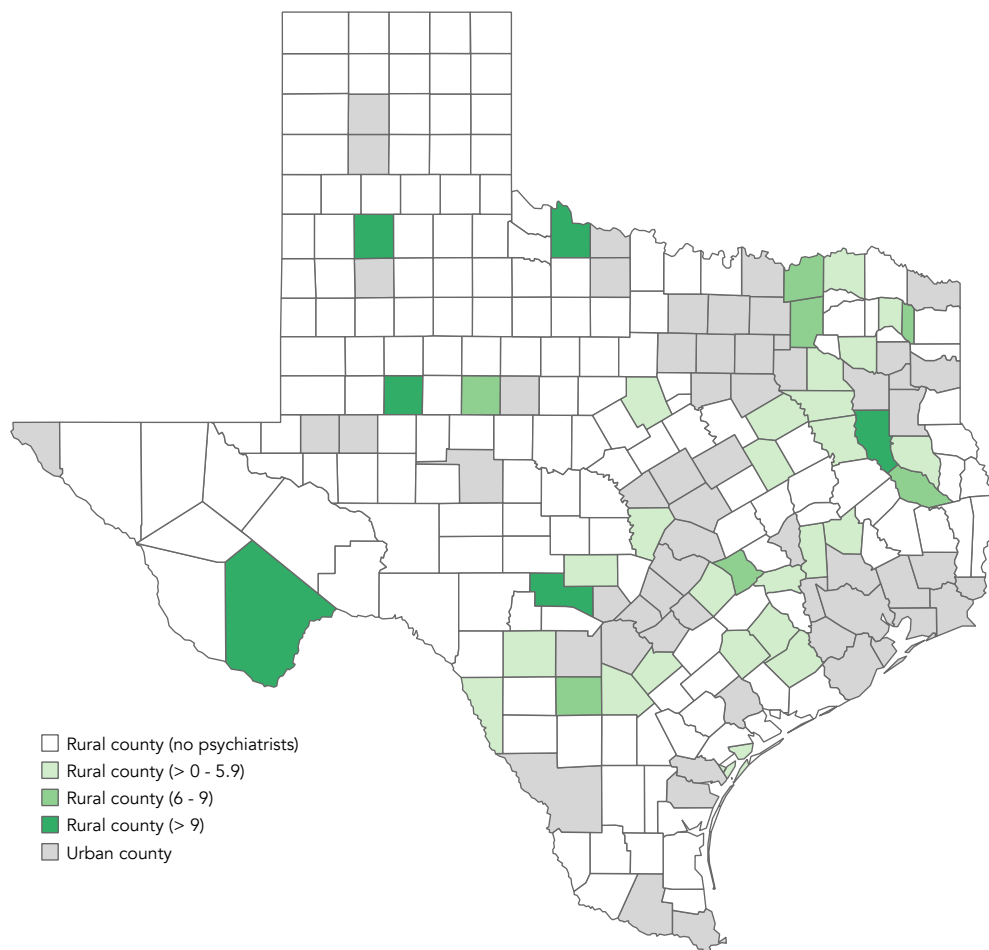


# Texas Rural Behavioral Health Workforce

The table and maps describe behavioral health clinicians, including psychiatrists, psychologists, psychiatric nurse practitioners (NPs), social workers, and counselors in Texas. Counties were categorized as rural and urban based on the Federal Office of Rural Health Policy (FORHP) rural definition. See page 4 for detailed county category designations.

Figure 1. Psychiatrists per 100,000 Population in Texas Rural Counties, 2025



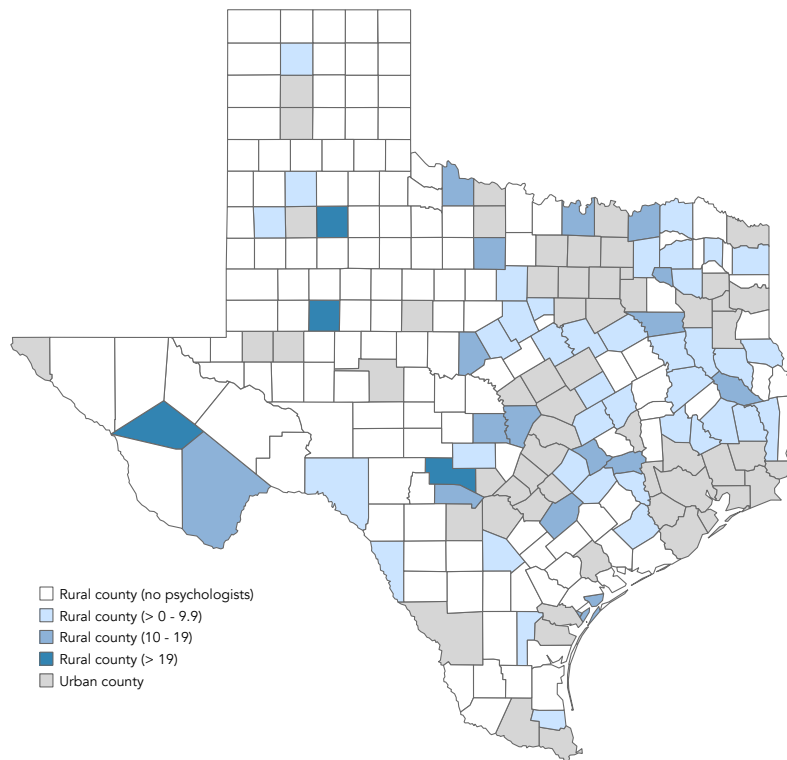
Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

**Table 1. Behavioral Health Clinicians per 100,000 Population in Texas and U.S. Counties**

	Psychiatrists/ 100,000 pop (Count)	Psychologists/ 100,000 pop (Count)	Psych NPs/ 100,000 pop (Count)	Social Workers/ 100,000 pop (Count)	Counselors/ 100,000 pop (Count)
<b>Total U.S.</b>	17.7 (60,061)	38.7 (131,537)	11.5 (39,261)	115.3 (392,003)	143.2 (487,116)
Urban	20.0 (56,894)	43.1 (122,751)	12.3 (35,064)	124.3 (354,018)	153.4 (436,783)
Rural	5.7 (3,167)	15.9 (8,786)	7.6 (4,197)	68.6 (37,985)	90.9 (50,333)
<b>Texas (TX)</b>	10.6 (3,325)	17.1 (5,337)	9.3 (2,898)	40.9 (12,807)	94.0 (29,412)
Urban	11.7 (3,221)	18.7 (5,158)	10.1 (2,778)	44.5 (12,275)	100.8 (27,842)
Rural	2.8 (104)	4.9 (179)	3.3 (120)	14.4 (532)	42.6 (1,570)

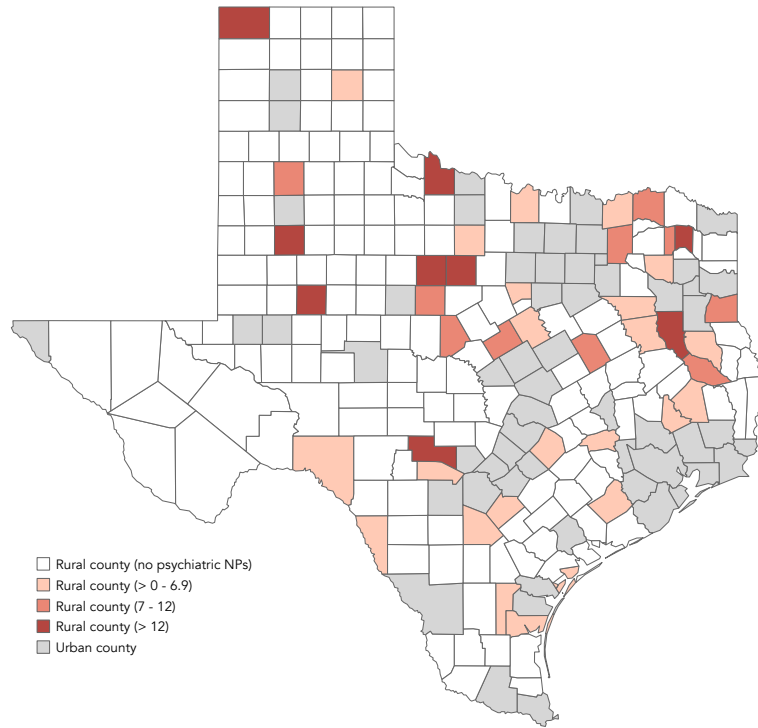
Abbreviation: NPs – Nurse Practitioners. Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

**Figure 2. Psychologists per 100,000 Population in Texas Rural Counties, 2025**



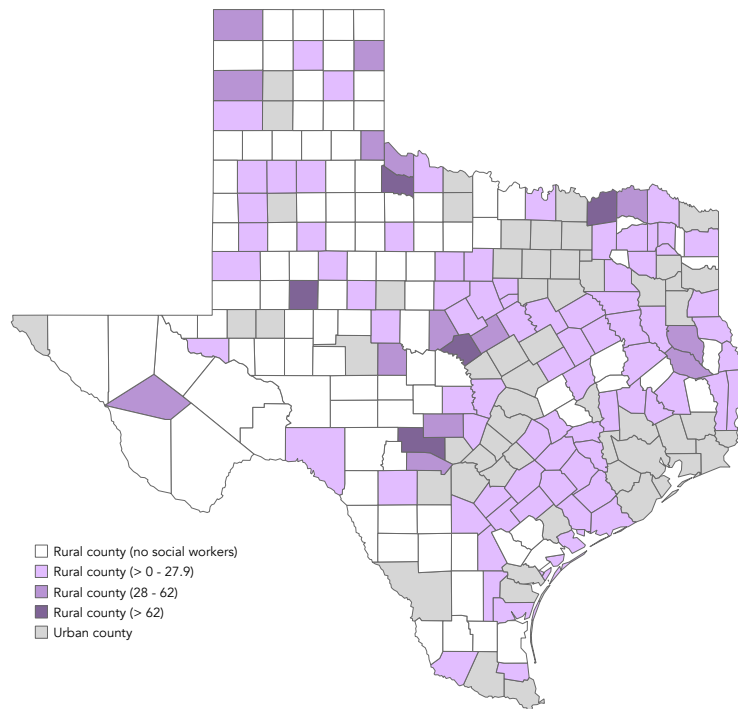
Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

Figure 3. Psychiatric Nurse Practitioners (NPs) per 100,000 Population in Texas Rural Counties, 2025



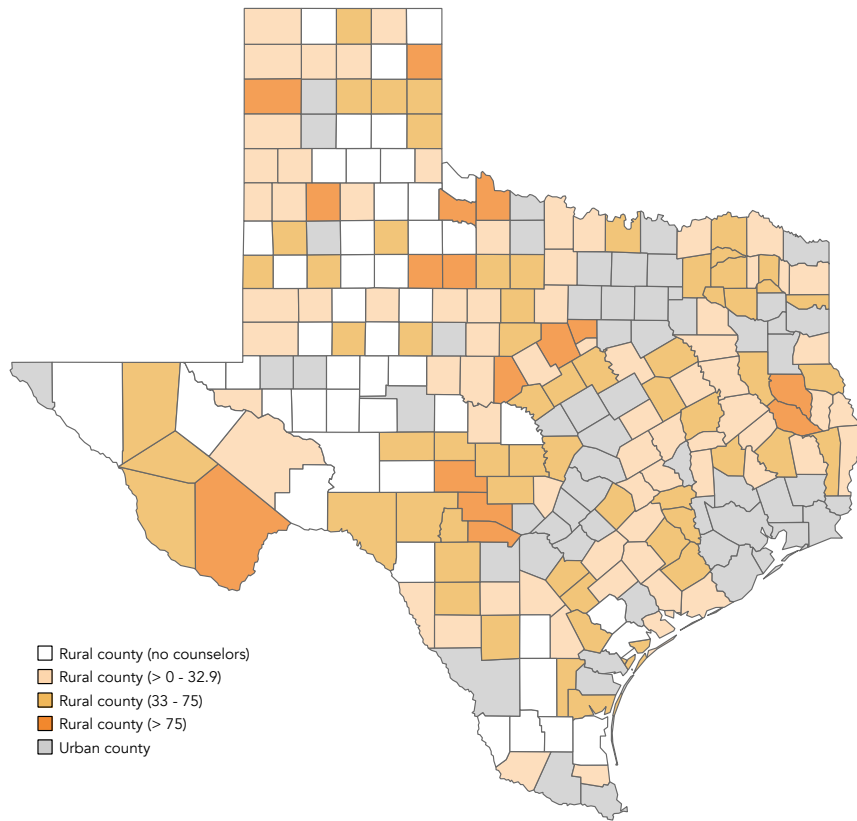
Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

Figure 4. Social Workers per 100,000 Population in Texas Rural Counties, 2025



Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

Figure 5. Counselors per 100,000 Population in Texas Rural Counties, 2025



Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

Based on the FORHP Rural Grant Eligibility Definition (November 2024): Rural counties include (1) all noncore and micropolitan counties, (2) outlying metropolitan counties with no population from an urban area of 50,000 or more people, and (3) counties with all census tracts meeting the FORHP rural definition. All other counties are considered urban. Full details at: <https://www.hrsa.gov/rural-health/about-us/what-is-rural>

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**Table A1. Behavioral Health Clinicians per 100,000 Population by County, 2025**

County	Rural/Urban	Psychiatrists	Psychologists	Psychiatric Nurse Practitioners	Social Workers	Counselors
Anderson	Rural	3.4	3.4	3.4	15.1	31.9
Andrews	Rural	0.0	0.0	0.0	0.0	5.3
Angelina	Rural	5.7	13.6	10.2	30.6	104.4
Aransas	Rural	3.9	15.6	3.9	23.4	35.2
Archer	Urban	0.0	0.0	0.0	0.0	10.9
Armstrong	Rural	0.0	0.0	0.0	0.0	0.0
Atascosa	Rural	1.9	5.7	1.9	17.1	30.3
Austin	Rural	0.0	3.1	0.0	12.3	33.8
Bailey	Rural	0.0	0.0	0.0	0.0	28.4
Bandera	Rural	0.0	13.1	4.4	30.7	135.8
Bastrop	Rural	3.5	6.1	2.6	20.0	40.9
Baylor	Rural	0.0	0.0	0.0	0.0	28.3
Bee	Rural	0.0	0.0	0.0	0.0	38.4
Bell	Urban	30.0	33.3	8.5	105.4	131.4
Bexar	Urban	17.2	33.6	11.6	63.5	134.7
Blanco	Rural	0.0	0.0	0.0	22.5	15.0
Borden	Rural	0.0	0.0	0.0	0.0	0.0
Bosque	Rural	0.0	5.3	5.3	5.3	42.1
Bowie	Urban	3.3	12.0	4.3	19.6	85.9
Brazoria	Urban	4.1	6.3	8.0	26.6	77.7
Brazos	Urban	7.6	42.5	4.4	17.6	73.7
Brewster	Rural	10.5	10.5	0.0	0.0	115.7
Briscoe	Rural	0.0	0.0	0.0	0.0	0.0
Brooks	Rural	0.0	0.0	0.0	0.0	0.0
Brown	Rural	0.0	10.4	10.4	36.2	155.3
Burleson	Rural	0.0	0.0	0.0	0.0	14.9
Burnet	Rural	1.8	10.8	0.0	16.2	59.2
Caldwell	Urban	0.0	5.7	0.0	26.7	49.6
Calhoun	Rural	0.0	0.0	0.0	5.0	25.1
Callahan	Rural	0.0	0.0	6.8	0.0	27.4
Cameron	Urban	6.3	7.6	6.5	21.8	61.6
Camp	Rural	0.0	0.0	0.0	15.2	38.0
Carson	Rural	0.0	0.0	0.0	0.0	51.5
Cass	Rural	0.0	3.5	0.0	14.0	21.0
Castro	Rural	0.0	0.0	0.0	0.0	13.6
Chambers	Urban	0.0	3.6	3.6	7.1	23.1
Cherokee	Rural	22.5	5.6	31.9	9.4	45.1
Childress	Rural	0.0	0.0	0.0	29.9	29.9
Clay	Rural	0.0	0.0	0.0	0.0	18.6
Cochran	Rural	0.0	0.0	0.0	0.0	0.0
Coke	Rural	0.0	0.0	0.0	0.0	0.0
Coleman	Rural	0.0	0.0	0.0	0.0	12.5
Collin	Urban	8.4	15.6	10.7	28.5	116.4
Collingsworth	Rural	0.0	0.0	0.0	0.0	38.3
Colorado	Rural	4.7	0.0	0.0	9.3	32.6
Comal	Urban	5.5	6.9	7.9	44.1	113.6
Comanche	Rural	0.0	7.0	0.0	20.9	27.9
Concho	Rural	0.0	0.0	0.0	30.1	0.0
Cooke	Rural	0.0	9.0	0.0	6.8	38.4
Coryell	Urban	0.0	4.6	4.6	12.7	44.0
Cottle	Rural	0.0	0.0	0.0	0.0	0.0
Crane	Rural	0.0	0.0	0.0	0.0	0.0
Crockett	Rural	0.0	0.0	0.0	0.0	0.0
Crosby	Rural	0.0	59.6	0.0	0.0	0.0

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**Continued Table A1. Behavioral Health Clinicians per 100,000 Population by County, 2025**

County	Rural/Urban	Psychiatrists	Psychologists	Psychiatric Nurse Practitioners	Social Workers	Counselors
Culberson	Rural	0.0	0.0	0.0	0.0	44.4
Dallam	Rural	0.0	0.0	13.3	39.9	26.6
Dallas	Urban	17.1	28.2	12.7	50.7	101.9
Dawson	Rural	0.0	0.0	0.0	0.0	8.5
DeWitt	Rural	0.0	0.0	0.0	4.9	24.7
Deaf Smith	Rural	0.0	0.0	0.0	5.4	5.4
Delta	Rural	0.0	0.0	0.0	0.0	35.4
Denton	Urban	3.9	15.3	11.7	27.7	127.4
Dickens	Rural	0.0	0.0	0.0	0.0	58.0
Dimmit	Rural	0.0	0.0	0.0	0.0	24.4
Donley	Rural	0.0	0.0	0.0	0.0	0.0
Duval	Rural	0.0	0.0	0.0	0.0	0.0
Eastland	Rural	0.0	0.0	0.0	10.9	54.7
Ector	Urban	4.1	5.3	1.8	4.1	31.2
Edwards	Rural	0.0	0.0	0.0	0.0	72.3
El Paso	Urban	10.3	7.4	13.5	46.8	74.2
Ellis	Urban	0.9	3.0	6.9	15.9	66.7
Erath	Rural	2.2	6.7	0.0	24.7	96.6
Falls	Rural	0.0	5.6	0.0	11.3	11.3
Fannin	Rural	7.8	12.9	5.2	85.4	20.7
Fayette	Rural	0.0	7.8	0.0	7.8	31.4
Fisher	Rural	0.0	0.0	0.0	0.0	0.0
Floyd	Rural	0.0	0.0	0.0	19.8	19.8
Foard	Rural	0.0	0.0	0.0	95.0	95.0
Fort Bend	Urban	6.1	8.5	14.4	28.0	75.2
Franklin	Rural	0.0	0.0	9.2	9.2	18.3
Freestone	Rural	0.0	0.0	0.0	4.8	19.4
Frio	Rural	5.1	0.0	0.0	0.0	25.6
Gaines	Rural	0.0	0.0	0.0	4.4	17.5
Galveston	Urban	29.1	17.1	7.3	24.0	69.4
Garza	Rural	0.0	0.0	0.0	21.5	0.0
Gillespie	Rural	3.6	7.1	0.0	35.5	53.3
Glasscock	Rural	0.0	0.0	0.0	0.0	0.0
Goliad	Rural	0.0	0.0	0.0	0.0	0.0
Gonzales	Rural	0.0	15.0	0.0	15.0	25.0
Gray	Rural	0.0	0.0	4.8	4.8	43.1
Grayson	Urban	6.6	9.3	9.3	27.9	83.0
Gregg	Urban	5.5	15.0	16.6	46.6	152.4
Grimes	Rural	3.0	0.0	0.0	6.0	14.9
Guadalupe	Urban	1.0	2.0	3.6	23.1	48.7
Hale	Rural	9.4	3.1	6.3	15.6	109.5
Hall	Rural	0.0	0.0	0.0	0.0	0.0
Hamilton	Rural	0.0	0.0	11.6	34.7	69.4
Hansford	Rural	0.0	0.0	0.0	0.0	59.9
Hardeman	Rural	0.0	0.0	0.0	58.5	0.0
Hardin	Urban	0.0	1.7	0.0	13.6	49.4
Harris	Urban	16.2	20.9	8.9	46.3	86.9
Harrison	Urban	0.0	4.2	2.8	7.0	33.6
Hartley	Rural	0.0	0.0	0.0	0.0	20.0

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Continued Table A1. Behavioral Health Clinicians per 100,000 Population by County, 2025

County	Rural/Urban	Psychiatrists	Psychologists	Psychiatric Nurse Practitioners	Social Workers	Counselors
Haskell	Rural	0.0	0.0	0.0	18.4	92.0
Hays	Urban	4.5	7.9	4.5	37.7	81.8
Hemphill	Rural	0.0	0.0	0.0	31.9	95.7
Henderson	Rural	2.3	9.1	4.6	20.6	29.7
Hidalgo	Urban	3.1	7.9	3.3	16.0	63.1
Hill	Rural	0.0	2.6	0.0	18.1	25.8
Hockley	Rural	0.0	4.7	0.0	4.7	55.8
Hood	Rural	0.0	4.3	1.4	18.8	96.9
Hopkins	Rural	0.0	5.2	0.0	18.0	56.7
Houston	Rural	0.0	4.5	0.0	18.0	18.0
Howard	Rural	42.2	32.4	32.4	103.8	74.6
Hudspeth	Rural	0.0	0.0	0.0	0.0	0.0
Hunt	Rural	6.7	4.2	10.1	18.5	41.3
Hutchinson	Rural	0.0	0.0	0.0	15.2	30.4
Irion	Rural	0.0	0.0	0.0	0.0	0.0
Jack	Rural	0.0	0.0	0.0	0.0	21.3
Jackson	Rural	0.0	0.0	0.0	6.5	26.2
Jasper	Rural	0.0	6.1	0.0	18.2	39.5
Jeff Davis	Rural	0.0	56.2	0.0	56.2	56.2
Jefferson	Urban	9.5	9.1	8.3	18.1	77.2
Jim Hogg	Rural	0.0	0.0	0.0	0.0	0.0
Jim Wells	Rural	0.0	2.6	2.6	15.4	54.0
Johnson	Urban	1.9	2.4	7.6	19.9	63.2
Jones	Rural	0.0	0.0	0.0	0.0	14.4
Karnes	Rural	0.0	0.0	0.0	6.6	33.0
Kaufman	Urban	11.6	9.1	8.6	23.8	58.1
Kendall	Urban	5.8	7.7	11.6	25.1	137.0
Kenedy	Rural	0.0	0.0	0.0	0.0	0.0
Kent	Rural	0.0	0.0	0.0	0.0	0.0
Kerr	Rural	29.7	35.3	14.8	72.4	200.4
Kimble	Rural	0.0	0.0	0.0	0.0	90.9
King	Rural	0.0	0.0	0.0	0.0	0.0
Kinney	Rural	0.0	0.0	0.0	0.0	0.0
Kleberg	Rural	0.0	0.0	3.3	6.6	36.1
Knox	Rural	0.0	0.0	0.0	0.0	0.0
La Salle	Rural	0.0	0.0	0.0	0.0	59.9
Lamar	Rural	3.9	7.8	9.8	29.3	48.8
Lamb	Rural	0.0	0.0	0.0	15.8	31.5
Lampasas	Urban	0.0	0.0	8.5	25.5	46.7
Lavaca	Rural	4.9	0.0	0.0	14.6	29.1
Lee	Rural	5.4	16.3	0.0	5.4	16.3
Leon	Rural	0.0	0.0	0.0	0.0	35.9
Liberty	Urban	0.9	0.9	1.7	5.2	20.0
Limestone	Rural	4.4	0.0	8.9	8.9	35.4
Lipscomb	Rural	0.0	0.0	0.0	0.0	0.0
Live Oak	Rural	0.0	0.0	0.0	8.4	8.4
Llano	Rural	0.0	13.0	0.0	8.6	34.5
Loving	Rural	0.0	0.0	0.0	0.0	0.0
Lubbock	Urban	10.7	21.4	6.4	31.5	144.8
Lynn	Rural	0.0	0.0	16.8	0.0	33.6
Madison	Rural	0.0	0.0	0.0	0.0	28.8

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Continued Table A1. Behavioral Health Clinicians per 100,000 Population by County, 2025

County	Rural/Urban	Psychiatrists	Psychologists	Psychiatric Nurse Practitioners	Social Workers	Counselors
Marion	Rural	0.0	0.0	0.0	0.0	41.2
Martin	Rural	0.0	0.0	0.0	0.0	0.0
Mason	Rural	0.0	0.0	0.0	0.0	50.2
Matagorda	Rural	0.0	0.0	0.0	16.5	30.2
Maverick	Rural	3.4	1.7	1.7	0.0	13.6
McCulloch	Rural	0.0	0.0	0.0	0.0	26.9
McLennan	Urban	12.6	32.5	7.8	79.2	114.3
McMullen	Rural	0.0	0.0	0.0	0.0	0.0
Medina	Urban	0.0	1.8	0.0	5.4	37.8
Menard	Rural	0.0	0.0	0.0	0.0	52.3
Midland	Urban	6.0	6.5	2.7	8.7	74.6
Milam	Rural	0.0	3.8	0.0	0.0	22.9
Mills	Rural	0.0	0.0	0.0	87.7	65.7
Mitchell	Rural	0.0	0.0	0.0	0.0	0.0
Montague	Rural	0.0	0.0	4.6	0.0	9.1
Montgomery	Urban	4.4	9.5	6.7	19.2	87.8
Moore	Rural	0.0	4.6	0.0	0.0	13.7
Morris	Rural	8.2	0.0	0.0	0.0	24.6
Motley	Rural	0.0	0.0	0.0	0.0	0.0
Nacogdoches	Rural	3.0	6.1	1.5	36.5	95.8
Navarro	Rural	1.8	5.3	0.0	8.8	56.6
Newton	Rural	0.0	0.0	0.0	8.4	25.2
Nolan	Rural	7.1	0.0	0.0	7.1	49.4
Nueces	Urban	8.5	13.3	7.6	22.9	90.1
Ochiltree	Rural	0.0	0.0	0.0	0.0	20.6
Oldham	Rural	0.0	0.0	0.0	54.9	164.6
Orange	Urban	0.0	3.5	0.0	2.3	36.0
Palo Pinto	Rural	0.0	3.3	0.0	13.2	6.6
Panola	Rural	0.0	0.0	8.7	4.3	17.4
Parker	Urban	1.7	3.9	2.2	13.9	50.1
Parmer	Rural	0.0	0.0	0.0	0.0	10.3
Pecos	Rural	0.0	0.0	0.0	0.0	27.2
Polk	Rural	0.0	1.8	1.8	5.5	60.8
Potter	Urban	18.3	13.1	12.2	96.8	159.6
Presidio	Rural	0.0	0.0	0.0	0.0	52.8
Rains	Rural	0.0	15.0	0.0	0.0	45.1
Randall	Urban	0.7	4.6	2.0	21.9	95.7
Reagan	Rural	0.0	0.0	0.0	0.0	0.0
Real	Rural	0.0	0.0	0.0	0.0	36.1
Red River	Rural	0.0	0.0	0.0	8.5	25.6
Reeves	Rural	0.0	0.0	0.0	0.0	0.0
Refugio	Rural	0.0	0.0	0.0	0.0	0.0
Roberts	Rural	0.0	0.0	0.0	0.0	0.0
Robertson	Rural	0.0	5.7	0.0	11.3	5.7
Rockwall	Urban	3.6	18.2	12.4	35.8	127.0
Runnels	Rural	0.0	0.0	0.0	20.5	10.3
Rusk	Urban	0.0	1.9	1.9	3.7	24.3
Sabine	Rural	0.0	0.0	0.0	9.9	9.9
San Augustine	Rural	0.0	0.0	0.0	0.0	12.9
San Jacinto	Rural	0.0	3.4	3.4	6.8	6.8
San Patricio	Urban	0.0	4.2	1.4	8.4	26.6

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Continued Table A1. Behavioral Health Clinicians per 100,000 Population by County, 2025

County	Rural/Urban	Psychiatrists	Psychologists	Psychiatric Nurse Practitioners	Social Workers	Counselors
San Saba	Rural	0.0	0.0	0.0	0.0	0.0
Schleicher	Rural	0.0	0.0	0.0	0.0	43.4
Scurry	Rural	0.0	0.0	0.0	6.2	30.8
Shackelford	Rural	0.0	0.0	31.6	0.0	31.6
Shelby	Rural	0.0	4.1	0.0	8.3	57.9
Sherman	Rural	0.0	0.0	0.0	0.0	0.0
Smith	Urban	15.3	14.1	5.6	35.3	104.0
Somervell	Rural	0.0	0.0	0.0	9.9	29.7
Starr	Rural	0.0	0.0	0.0	4.5	24.0
Stephens	Rural	0.0	0.0	21.1	10.6	52.8
Sterling	Rural	0.0	0.0	0.0	0.0	0.0
Stonewall	Rural	0.0	0.0	0.0	0.0	161.9
Sutton	Rural	0.0	0.0	0.0	0.0	0.0
Swisher	Rural	0.0	0.0	0.0	0.0	0.0
Tarrant	Urban	8.4	14.3	15.2	51.3	115.8
Taylor	Urban	6.7	14.8	10.1	43.7	161.3
Terrell	Rural	0.0	0.0	0.0	0.0	0.0
Terry	Rural	0.0	0.0	0.0	8.6	0.0
Throckmorton	Rural	0.0	0.0	0.0	0.0	65.3
Titus	Rural	3.2	6.3	12.7	22.2	44.4
Tom Green	Urban	11.7	20.8	10.8	53.3	133.2
Travis	Urban	25.3	48.6	18.0	130.4	184.5
Trinity	Rural	0.0	0.0	0.0	0.0	13.8
Tyler	Rural	0.0	4.9	0.0	0.0	29.2
Upshur	Urban	2.3	9.1	2.3	15.9	18.2
Upton	Rural	0.0	0.0	0.0	0.0	0.0
Uvalde	Rural	4.0	0.0	0.0	19.9	59.7
Val Verde	Rural	0.0	4.2	2.1	16.7	39.6
Van Zandt	Rural	1.5	0.0	0.0	6.1	26.0
Victoria	Urban	8.7	6.5	2.2	19.6	120.7
Walker	Rural	3.6	8.4	0.0	8.4	32.2
Waller	Urban	0.0	1.5	1.5	7.7	18.4
Ward	Rural	0.0	0.0	0.0	9.1	9.1
Washington	Rural	2.6	13.2	5.3	15.9	45.0
Webb	Urban	1.8	3.7	1.5	8.4	43.3
Wharton	Rural	4.8	4.8	2.4	4.8	40.4
Wheeler	Rural	0.0	0.0	0.0	0.0	62.2
Wichita	Urban	13.8	24.6	24.6	40.8	150.8
Wilbarger	Rural	32.1	16.1	48.2	8.0	80.3
Willacy	Rural	0.0	5.0	0.0	10.0	30.0
Williamson	Urban	8.8	11.0	9.6	50.3	133.6
Wilson	Rural	1.8	0.0	1.8	14.4	32.5
Winkler	Rural	0.0	0.0	0.0	0.0	0.0
Wise	Urban	1.2	1.2	9.8	23.4	38.1
Wood	Rural	2.1	2.1	2.1	2.1	43.1
Yoakum	Rural	0.0	0.0	0.0	0.0	39.6
Young	Rural	0.0	11.0	5.5	0.0	54.8
Zapata	Rural	0.0	0.0	0.0	0.0	0.0
Zavala	Rural	0.0	0.0	0.0	0.0	54.3

Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.