

Iowa Rural Behavioral Health Workforce

The table and maps describe behavioral health clinicians, including psychiatrists, psychologists, psychiatric nurse practitioners (NPs), social workers, and counselors in Iowa. Counties were categorized as rural and urban based on the Federal Office of Rural Health Policy (FORHP) rural definition. See page 4 for detailed county category designations.

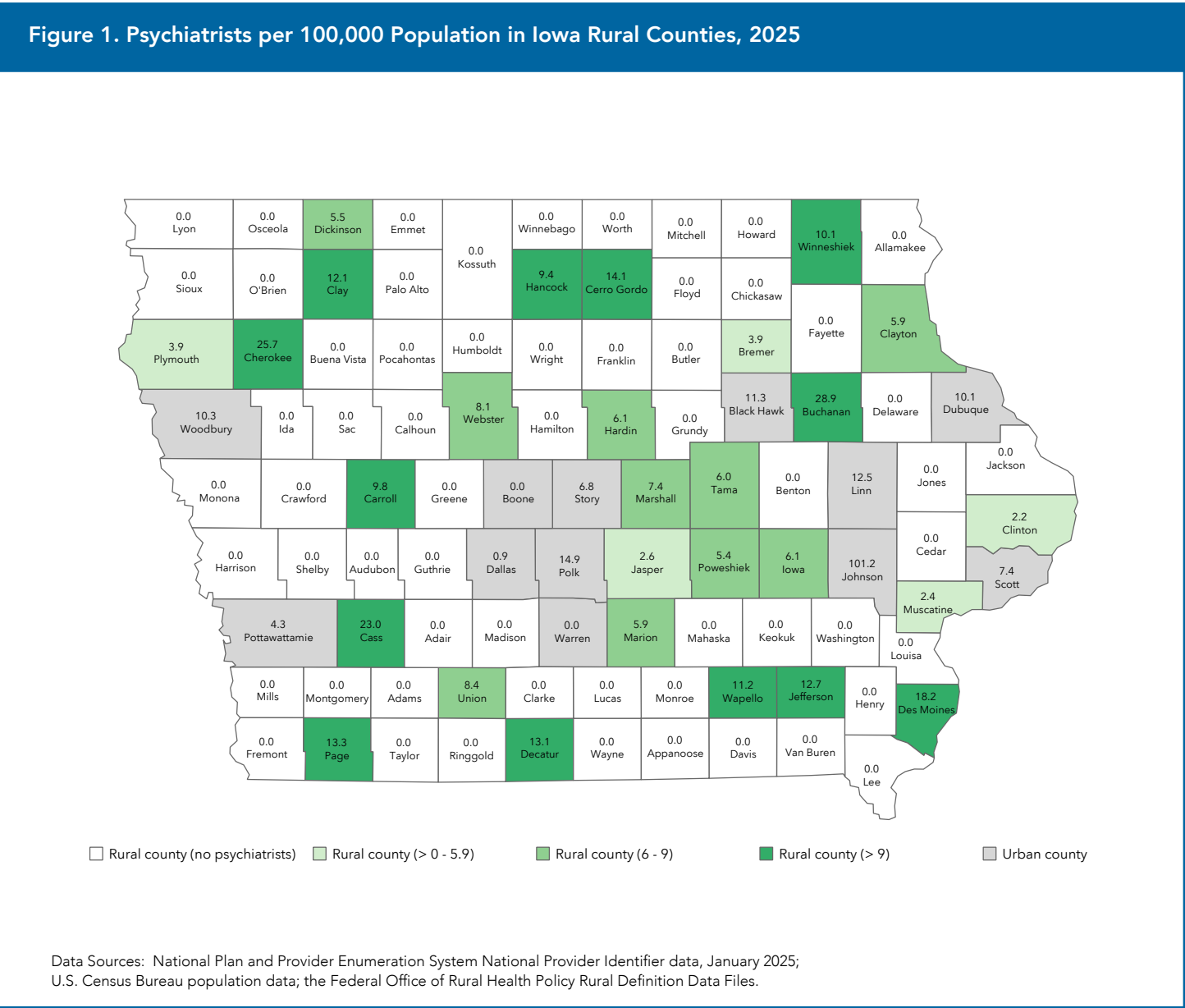
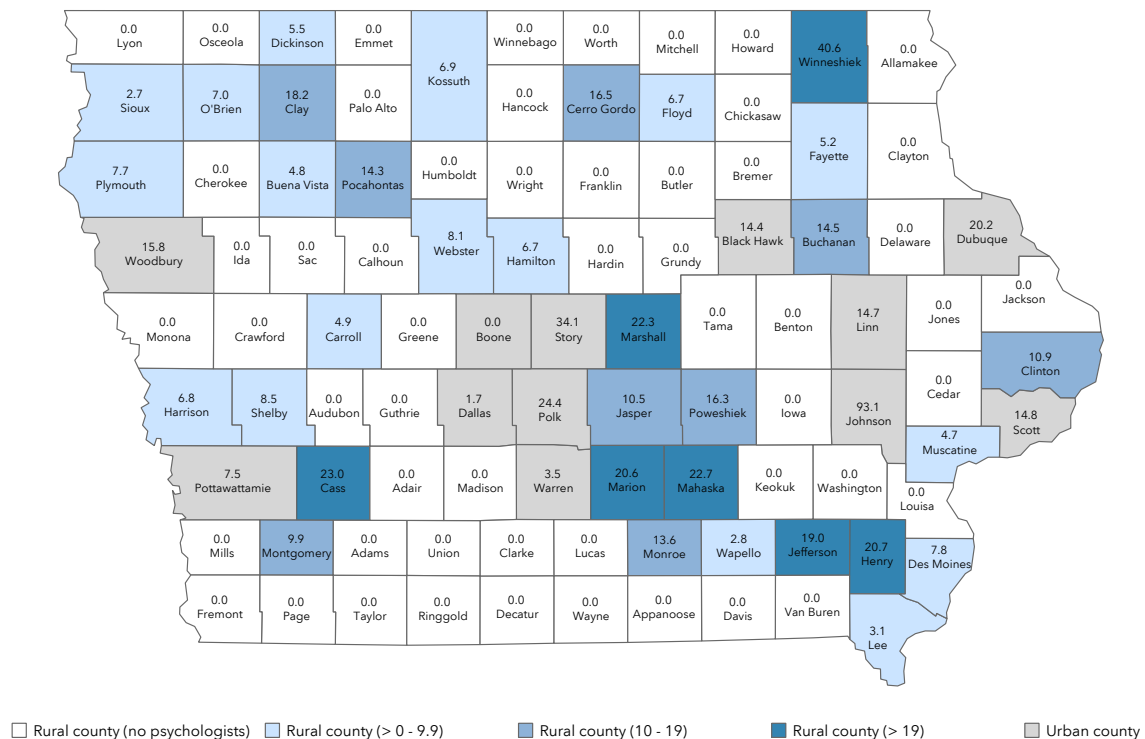


Table 1. Behavioral Health Clinicians per 100,000 Population in Iowa and U.S. Counties

	Psychiatrists/ 100,000 pop (Count)	Psychologists/ 100,000 pop (Count)	Psych NPs/ 100,000 pop (Count)	Social Workers/ 100,000 pop (Count)	Counselors/ 100,000 pop (Count)
Total U.S.	17.7 (60,061)	38.7 (131,537)	11.5 (39,261)	115.3 (392,003)	143.2 (487,116)
Urban	20.0 (56,894)	43.1 (122,751)	12.3 (35,064)	124.3 (354,018)	153.4 (436,783)
Rural	5.7 (3,167)	15.9 (8,786)	7.6 (4,197)	68.6 (37,985)	90.9 (50,333)
Iowa (IA)	12.0 (390)	16.3 (527)	14.2 (460)	91.2 (2,957)	61.0 (1,976)
Urban	18.1 (329)	24.1 (437)	16.9 (307)	120.7 (2,193)	75.8 (1,378)
Rural	4.3 (61)	6.3 (90)	10.7 (153)	53.6 (764)	42.0 (598)

Abbreviation: NPs – Nurse Practitioners. Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

Figure 2. Psychologists per 100,000 Population in Iowa Rural Counties, 2025



Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

Figure 3. Psychiatric Nurse Practitioners (NPs) per 100,000 Population in Iowa Rural Counties, 2025

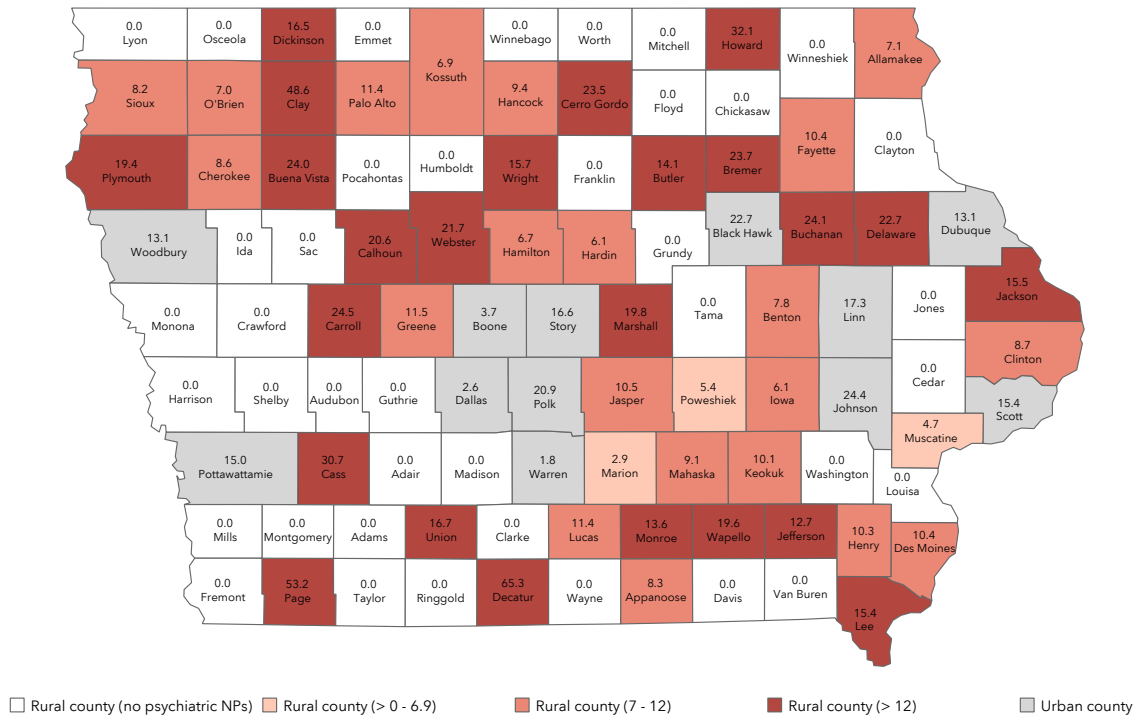
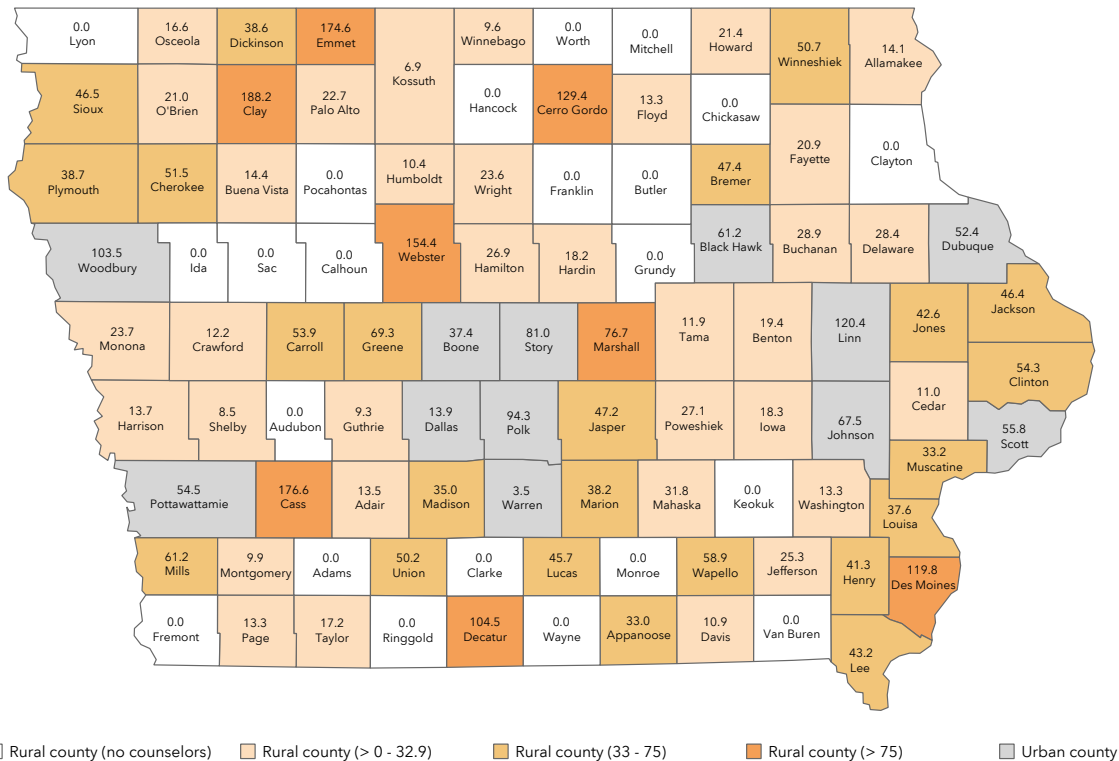


Figure 5. Counselors per 100,000 Population in Iowa Rural Counties, 2025



Data Sources: National Plan and Provider Enumeration System National Provider Identifier data, January 2025; U.S. Census Bureau population data; the Federal Office of Rural Health Policy Rural Definition Data Files.

Based on the FORHP Rural Grant Eligibility Definition (November 2024): Rural counties include (1) all noncore and micropolitan counties, (2) outlying metropolitan counties with no population from an urban area of 50,000 or more people, and (3) counties with all census tracts meeting the FORHP rural definition. All other counties are considered urban. Full details at: <https://www.hrsa.gov/rural-health/about-us/what-is-rural>

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