# Six Building Blocks Design & Implement Milestone Checklist

Below are key milestones organizations often work to achieve through the Design and Implement stage of the Six Building Blocks Program.

### Leadership & consensus

Leadership regularly emphasizes the importance of improving opioid management and solicits feedback during staff and clinician meetings

Time is protected for improvement team to meet and work

Safer and more cautious opioid prescribing has been discussed with clinicians and staff across the clinic, and there has been agreement in staff meetings that this is an area for improvement

Clinical education opportunities offered to staff and clinicians, including on the science of chronic pain

### Policies, patient agreements, & workflows

Policy revised to align with evidence-based guidelines (e.g., CDC, AMDG)

Patient agreement revised to support the policy and educate patients about risks

Workflows written to support policies

Training conducted on policies, agreement, workflows, and supporting EHR templates

### Tracking & monitoring patient care

Patients on long-term opioid therapy identified

All clinicians and delegates signed up for the prescription data monitoring program

Calculating MED as dose or medication changes is possible and easy for clinicians and staff

There is a dashboard of key measures for all patients on long-term opioid therapy

Data are used to monitor care gaps, high-risk patients, and clinical variation

### Planned, patient-centered visits

Data are used for pre-visit planning

EHR pain visit templates are in place to cover key elements of the pain visit as outlined in the revised policy

Standardized pre-visit planning and pain visits are integrated into the practice

Patients receive education on chronic pain management and opioid risks

Training in patient engagement is offered to staff and clinicians (e.g., motivational interviewing)

Alternatives to opioids are regularly considered and discussed, and integrated into care processes

### Caring for patients with complex needs

Tools selected and consistently in use to identify patients with complex needs (i.e., mental/behavioral health disorders, opioid use disorder, or other substance use disorders)

Educational opportunities are provided to clinicians on how to identify and treat patients with opioid use disorder

There is an approach to connecting patients to mental/behavioral health resources, either integrated in the primary care setting, in the community, or through telehealth

There is an approach to connecting patients with opioid use disorder to treatment, either internally through waivered providers or externally through an identified medication for opioid use disorder treatment facility

Confidentiality regulations and other information-sharing hurdles have been addressed so that patient information can be shared between medical, behavioral health, and substance use disorder clinicians

Training is provided to clinicians and staff on overcoming stigma about patients with mental/behavioral health needs, opioid use disorder, and other substance use disorders

### Measuring success

Success metric identified

Success metric regularly reviewed and reported at the clinician level